

#### Workshop on Grand Challenge Competition to Predict In Vivo Knee Loads

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## The Ultimate Goal

- Why are we here this morning?
- What do we hope to achieve?

# Our ultimate goal is clinical utility of musculoskeletal computer models.







**Motivation** 

EDICIN

## Standard Treatment Design



Currently, treatment design for neuromusculoskeletal disorders involves the following steps:

- 1. Observe what has worked well for previous patients.
- 2. Create implicit, mental model of patient.
- 3. Guess best treatment parameters for current patient.
- 4. Apply treatment and iterate if possible/necessary.

Treatment planning is highly subjective and outcome is often variable for different patients.





## Standard Treatment Design



Currently, treatment design for neuromusculoskeletal disorders involves the following steps:

- 1. Observe what has worked well for previous patients.
- 2. Create implie "One size fits none" nt.
- 3. Guess best treatment parameters for current patient.
- 4. Apply treatment and iterate if possible/necessary.

Treatment planning is highly subjective and outcome is often variable for different patients.





## Personalized Treatment Design

In the future, treatment design for neuromusculoskeletal disorders could involve the following steps:

- 1. Observe what has worked well for previous patients.
- 2. Create explicit, computational model of patient.
- 3. Perform virtual treatments on patient-specific model.
- 4. Apply optimized treatment to patient.

Treatment planning becomes objective and outcome can be optimized for each patient.





## Personalized Treatment Design

In the future, treatment design for neuromusculoskeletal disorders could involve the following steps:

The National Academy of Engineering has identified "personalized medicine" as one of the 10 grand challenges of the 21<sup>st</sup> century.

Treatment planning becomes objective and outcome can be optimized for each patient.







## **Virtual Prototyping**







## Computations Biomachanics

## **Barriers to Clinical Utility**

1) Model Creation

- Automated patient-specific calibration
- No special engineering/programming skills
- Computationally "fast"
- 2) Model Utilization
  - "Clinically useful locomotion measures"
  - Identification of such measures
  - Calculation of such measures
- 3) Model Validation
  - Accuracy of calculated measures
  - Challenge of unmeasurable quantities
  - Limitations in modeling capabilities





## "The Emperor's New Clothes"





Do we have a similar phenomenon in the musculoskeletal modeling community?

- Many publications that predict muscle and contact forces using unvalidated methods.
- Significant research funding going to projects that are making unvalidated predictions.
- Statements being made about clinical conditions and treatments based on unvalidated predictions.



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## "The Emperor's New Clothes"





Do we have a similar phenomenon in the musculoskeletal modeling community?

and Of course, the answer depends in part on the question we are trying to answer, but should we be more critical of our own work?



predictions.

Statements being made about clinical conditions and treatments based on unvalidated predictions.





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## Workshop Objective



To introduce you to a "grand challenge" competition, to be held next summer at the SBC, to critically evaluate *in vivo* muscle and contact force predictions at the knee during gait using data collected from a patient with a force-measuring knee replacement.





## Computations Biomechanics

## **Big Picture**

- We provide the in vivo data (minus the implant loads).
- You predict the muscle and contact forces.
- We evaluate the contact force predictions quantitatively.
- Best predictions are presented in a special session.
- Actual contact forces are revealed in the session.
- Winner is closest to the measured contact forces.





## Rationale



*In vivo* measurement of muscle forces would be required for direct quantitative validation of muscle force predictions.

Though indirect, *in vivo* measurement of contact forces is the next best option for quantitative validation, since muscle forces are the primary determinants of joint contact forces (Herzog *et al.*, 2003).





## Workshop Outline



- 1. Motivation for Competition (B.J. Fregly)
- 2. Instrumented Implant Designs and Accuracy (Darryl D'Lima)
- 3. Experimental Data Collection (Thor Besier)
- 4. Modeling Results To Date (B.J. Fregly)
- 5. Logistics of Competition (Darryl D'Lima)
- 6. Questions and Answers (All)





### Reminder



Please sign the attendance sheet if you want to receive e-mail updates about organization of the competition.





## Workshop Outline



1. Motivation for Competition (B.J. Fregly)

2. Instrumented Implant Designs and Accuracy (Darryl D'Lima)







#### 2. Instrumented Implant Design and Accuracy

Darryl D. D'Lima, M.D., Ph.D. Director, Orthopaedic Research Laboratories Shiley Center for Orthopaedic Research & Education Scripps Clinic, La Jolla, CA





## **Generation I Tray Design**



- Total Load
- Mediolateral Distribution
- Center of Pressure
- AP/ML Moments
- Shear
- Axial Moment







## **Generation I Tray Design**







2. Implant Design and Accuracy



## **Generation I Tray Design**







## Generation I Calibration Accuracy



- NIST Load cell
- R<sup>2</sup> > 0.99
- AAE Axial Force < 1.1% FS</p>
- Shear cross-talk < 0.3%</p>
- AAE Center of Pressure <0.25 mm</li>

Kaufman +, J Biomech 1996





## **Generation I Calibration Accuracy**











2. Implant Design and Accuracy



## Generation I Calibration Accuracy



- NIST Load cell
- R<sup>2</sup> > 0.99
- AAE Axial Force < 1.5% FS</p>
- AAE Center of Pressure < 1.9 mm</p>

D'Lima +, J Biomech 2005











## **Generation II Tray Design**



2. Implant Design and Accuracy



## **Generation II Tray Design**







AAE = average absolute error (N for  $F_x$ ,  $F_y$ ,  $F_z$ ; N m for  $T_x$ ,  $T_y$ ,  $T_z$ ). MAE = maximum absolute error (N for  $F_x$ ,  $F_y$ ,  $F_z$ ; N m for  $T_x$ ,  $T_y$ ,  $T_z$ ).

Kirking +, J Biomech 2006



2. Implant Design and Accuracy



## Generation II Calibration Accuracy

Table 2 Effect of loss of strain gages on accuracy All +45 gages All axial gages Loss of: Any one gage All-45 gages AAE 4.18 3.33 3.36 7.88 2.42 MAE 18.05 4.14 3.11  $R^2$ 0.997 0.997 0.996 0.989

Kirking +, J Biomech 2006





2. Implant Design and Accuracy









## **Data Transmission**



- Power Channel
- Temperature Channel
- 12 Data Channels
- Start byte
- Checksum byte
- 2 ms delay







## Conclusions



- 1. High sensor accuracy
- 2. Robust measurements
- 3. Consistent in vivo measurements







## Acknowledgments



#### SCORE

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D'Lima OREF 2609 NIH R21 EB004581 NIH R21 AR057561 SCORE

#### Microstrain Steve Arms Christopher Townsend

**Zimmer, Inc** Janet Krevolin Todd Johnson



2. Implant Design and Accuracy



## Workshop Outline



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- 3. Experimental Data Collection (Thor Besier)







#### 3. Experimental Data Collection

Thor Besier, Ph.D. Research Director, Human Performance Lab Department of Orthopaedics Stanford University, Stanford, CA




## Organizers



Main Organizers

- Darryl D'Lima, Shiley Center at Scripps Clinic
- B.J. Fregly, University of Florida
  EMG Data
- Thor Besier, Stanford University
- David Lloyd, University of Western Australia
  Strength Data
- Marcus Pandy, University of Melbourne









## **Subject Description**

- Subject: JW
- Gender: Male
- Age: 83 yrs
- Height: 166 cm
- Mass: 64.6 kg
- Right knee, generation I implant design
- Anthropometric data available from calibrated subject-specific skeletal model (Reinbolt *et al.*, 2008)





# **Session Description**



- Gait and other motion data collected in the morning.
- Strength data collected in the afternoon.
- Fluoroscopic motion data reported previously (Zhao et al., 2007).





#### **Task Summary**



Static trials

Session 1: Gait Laboratory

Inverse dynamic model calibration

Hip, knee, and ankle isolated motion

- Musculoskeletal model calibration
- Medial-lateral load manipulation
- Gait trials (4 types)

Session 2: Dynamometer Laboratory

Isometric, isokinetic, and passive dynamometry



#### Gait Lab Data

- Marker trajectories
  - 8-camera Motion Analysis system
  - Modified Cleveland Clinic marker set
- Ground reaction forces
  - 3 Bertec force plates
- Surface EMG
  - 14 muscles
  - Delsys Bagnoli EMG system
- Joint contact forces
  - eKnee: as described previously









## **Dynamometer Lab Data**

- Knee flexion angle
  - Goniometer & Biodex angle
- Joint torque (gravity corrected)
  - Biodex
- Surface EMG
  - 14 muscles
  - Delsys Bagnoli EMG system
- Joint contact forces
  - as described previously

**Biodex dynamometer** 







#### Surface Marker Data



1-2 : Shoulder 3-4 : Elbow 5-6 : Wrist 7-8 : ASIS 9: Sacrum 10-15 : Thigh superior, inferior, lateral 16-19: Knee medial and lateral (static only) 20-21 : Patella 22-27 : Shank superior, inferior, lateral 28-31: Ankle medial and lateral (static only) 32-33 : Heel 34-37 : Midfoot lateral and superior 38-39 : Toe tip 40-43 : Toes medial and lateral (static only)





## Surface EMG Data

- 1. Semimembranosus
- 2. Biceps femoris
- 3. Vastus medialis
- 4. Vastus lateralis
- 5. Rectus femoris\*
- 6. Medial gastrocnemius
- 7. Lateral gastrocnemius
- 8. Tensor fascia latae\*

Electrode placement consistent with Perotto & Delagi (1980)

\* Indicates double-differential electrode -





- 10. Peroneus longus
- 11. Soleus
- 12. Adductor magnus
- 13. Gluteus maximus
- 14. Gluteus medius\*



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#### **EMG Preparation Trials**



- Skin shaved and abrased with gauze and then rubbed with alcohol prior to electrode placement
- Manual restraint of subject during maximum isometric voluntary contractions (3 repetitions):
  - Hip flexion-extension (standing)
  - Knee flexion-extension (seated w knee @ 80°)
  - Ankle dorsiflexion (seated w knee @ 40°; ankle @ 0° dorsiflexion)
  - Ankle plantarflexion (seated w knee @ 40° and standing tiptoes)
  - Ankle inversion-eversion (seated w knee @ 40°)
- Resting signals obtained during quiet sitting

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## **Static Trials**



- Standing (toes forward, toes in, toes out)
- Sitting
- Maximum isometric contraction











#### **Model Calibration Trials**

- Passive seated leg rest
- Unloaded seated leg extension
- Loaded seated leg extension
- One-legged standing
- Two-legged squat
- Chair rise
- Calf raise























#### **Load Manipulation Trials**

- Varus-valgus stress test
- Stance initiation tests











#### **Gait Trials**

- Normal gait
- Medial thrust gait
- Walking pole gait
- Trunk sway gait















## **Dynamometer Trials**



- Isometric, passive, and isokinetic knee flexion/extension
- Isometric, passive, and isokinetic ankle plantarflexion/dorsiflexion









## Data To Be Made Available

- EMG preparation trials
- Static trials
- Model calibration trials
- Gait trials
- Dynamometer trials

minus the eKnee contact forces for competition trials.







## Additional Available Data



Pre- and post-surgery CT scans of knee region





 Fluoroscopic motion measurements for treadmill gait (Zhao et al., 2007)













D'Lima SCORE ()

Fregly



**Besier** STANFORD







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#### 4. Modeling Results to Date

B.J. Fregly, Ph.D.

Department of Mechanical & Aerospace Engineering, Department of Biomedical Engineering, and Department of Orthopaedics & Rehabilitation University of Florida, Gainesville, FL





## **Previous Studies**



#### 1) First eKnee Data Set

Study 1 - Correlation between the knee adduction moment and medial contact force within the gait cycle

Study 2 - Estimation of muscle and contact forces in the knee during gait

2) Second eKnee Data Set

Study 3 - Do changes in peak knee adduction moment predict changes in peak medial contact force?







## First eKnee Data Set



- Fluoroscopic motion data for treadmill gait, step up/down, kneel, and lunge
- Video motion and ground reaction data for step up/down and 5 gait patterns (normal, fast, slow, toe out, wide)











# **Dynamic Contact Simulation**





## **Knee Adduction Moment**







4. Modeling Results to Date

#### **External-Internal Correlation**







## **Correlation Coefficients**





4. Modeling Results to Date







## **Contact Force Sensitivity**







4. Modeling Results to Date



#### **Contact Force Sensitivity**



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#### **Contact Force Sensitivity**







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# Muscle & Contact Force Estimation

#### Muscle Force Optimization

Design variables related to *muscle activations* 



No contact





4. Modeling Results to Date

# Muscle & Contact Force Estimation







#### No contact Cor Assumptions required about contact contributions to inverse dynamic loads



4. Modeling Results to Date

Contact


## **Sequential Contact Force**









## **Sequential Contact Force**



Excellent contact force estimates, BUT lateral collateral ligament tension tuned to match measured lateral contact forces.





0 20 40 60 80 100 Gait Cycle (%)

Kim et al., 2009, Journal of Orthopaedic Research





## Muscle & Contact Force Estimation





Contact

No assumptions required about contact contributions to inverse dynamic loads



4. Modeling Results to Date

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## **Knee Contact Model**





#### + surrogate contact models of TF and PF joints







## **Inverse Dynamic Model**

- Full-body model
- Three-dimensional
- Engineering joints
- Calibrated lower body joints
- Calibrated full body masses

Reinbolt *et al.*, 2005, *Journal of Biomechanics*; Reinbolt *et al.*, 2008, *Medical Engineering & Physics* 





## **Model Registration**









## **Complete Knee Model**





- 11 muscles controlled by 8 activation signals
- Muscle force = peak isometric force x activation
- Patellar ligament modeled as 3 parallel springs
- Grounded femur
- 6 DOF patellofemoral joint (6 free DOFs)
- 6 DOF tibiofemoral joint (3 free and 3 prescribed DOFs)







## **Optimization Problems**

Cost Function	Equation 8	Constraint Set	Flexion- Extension Torque	Anterior- Posterior Force	Internal- External Torque
1	$\min \sum a_i^2$	1	х		
	i=1 3	2	х	Х	
2	$\min \sum F_i$	3	x		Х
	<i>i</i> =1	4	х	х	x

"Constrained" formulations – *in vivo* contact forces used as additional constraints. "Unconstrained" formulations – *in vivo* contact forces not used as additional constraints.



















How do muscle and contact forces contribute to the six inverse dynamic loads at the knee during gait?













4. Modeling Results to Date

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4. Modeling Results to Date

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# Muscle & Contact Force Estimates

Does inclusion of explicit contact models in a musculoskeletal knee model improve the estimation of muscle and contact forces during gait?









4. Modeling Results to Date







4. Modeling Results to Date











#### "Constrained" Muscle Forces



4. Modeling Results to Date



#### "Constrained" Muscle Forces





at Scripps Clinic



Computations, Biomachanics



#### "Constrained" Muscle Forces









4. Modeling Results to Date



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4. Modeling Results to Date





4. Modeling Results to Date





#### "Unconstrained" Muscle Forces



4. Modeling Results to Date



#### "Unconstrained" Muscle Forces



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#### "Unconstrained" Muscle Forces







## **Joint Contact Forces**

















































### **Lateral Contact Force**









## **Lateral Contact Force**








#### **Lateral Contact Force**









#### **Lateral Contact Force**



#### **Knee Adduction Moment**



Does the knee adduction moment predict no change in the first peak and a significant reduction in the second peak of medial contact force?





#### **Knee Adduction Moment**









#### **Knee Adduction Moment**









#### **Medial Contact Force**









#### **Optimal Axial Rotation**







#### **Knee Extension Moment**









## Conclusions



- Inclusion of explicit contact models in a musculoskeletal knee model allows additional inverse dynamic loads to be used as constraints and alters the muscle and contact force estimates.
- 2. The second eKnee data set provides the unique opportunity to evaluate muscle and contact force predictions for gait patterns that modulate medial contact force.







#### Acknowledgments



#### NSF CAREER award CBET 0239042 and NSF award CBET 0602996





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#### 5. Logistics of Competition

Darryl D. D'Lima, M.D., Ph.D. Director, Orthopaedic Research Laboratories Shiley Center for Orthopaedic Research & Education Scripps Clinic, La Jolla, CA





#### Announcement of Competition



Focus on the musculoskeletal modeling community:

- BIOMCH-L Newsgroup
- ISB Technical Group on Computer Simulation Newsgroup
- ASME Summer Bioengineering Conference
- American Society of Biomechanics Newsletter
- International Society of Biomechanics Newsletter
- SimTK.org e-mail list
- Personal invitation





## Journal of Orthopaedic Research

- Publication
  - Make data available
  - Announce competition
  - Peer reviewed
  - Tim Wright, PhD (Editor)
- Data
  - Anthropometric measurements
  - Marker positions
  - Ground reaction forces
  - EMG signals
  - Limited tibial contact forces
  - OpenSim model of subject and
    - implant geometry
      - 5. Logistics of Competition





#### www.SimTK.org

- Registration
- Data published in J Orthop Research
- Contact models of implant components
- Videos of data collection
- Post-competition implant contact forces
- Special requests





#### **Predicted Quantities**



- Medial contact force
- Lateral contact force
- for selected gait trials









## Abstract Submission



- Introduction
- Methods
- Results
- Discussion
- Predictions upload to SimTK.org









#### **Review Criteria**

- Reviewers
- Significance (0-3 points)
- Technical content (0-5 points)
- Completeness (0-2 points)
- Accuracy (0-5 points new)
- Novelty (0-5 points new)
- Max 20 points





#### **Special Session**



- Top scoring papers given podium presentations in a special session at next year's conference.
- More than one special session may be possible.
- Participants present models and predictions.
- Actual contact force measurements revealed at end of special session.
- Post-mortem mini-workshop after special session to evaluate competition and lessons learned.





#### **Award Presentation**



- Certificate
- Cash prize (hopefully)
- Manuscript submitted to J Orthop Research (investigating)
- Runners ups





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- 6. Questions and Answers (All)







#### 6. Questions and Answers

#### B.J. Fregly, Ph.D., University of Florida and Darryl D'Lima, M.D., Ph.D., Shiley Center at Scripps Clinic





# Data Related Questions

- 1. For which tasks should *in vivo* contact force data be released BEFORE the competition?
  - EMG preparation trials?
  - Static trials?
  - Model calibration trials?
  - Gait trials (4 patterns)?
  - Dynamometer trials?





#### **Data Related Questions**



# 2. Are the current filter cutoff and output frequencies acceptable for the data?

Experimental Quantity	Input Frequency (Hz)	Filter Frequency (Hz)	Output Frequency (Hz)
Marker positions	120	Low pass 15	200
eKnee forces	~50	Low pass 15	200
Ground reactions	3840	Low pass 100	1000
EMG signals	1000	High pass 30	1000







#### Model Related Questions



- Should we provide our surrogate contact model in Matlab so that every participant can calculate tibiofemoral and patellofemoral contact forces easily?
- 2. If so, how should muscle forces be applied to it?
- 3. Should we provide an OpenSim version of the geometric/inverse dynamic knee model?
- 4. What other modeling information is needed?







# Organization Related Questions

- Should accuracy be the primary scoring criterion, or should the proposed 5 scoring criteria (significance, technical content, completeness, accuracy, and novelty) be used?
- 2. Should selection of the winning paper be subjective or objective? If subjective, who should do it?





