Getting the Most Out of an OpenSim Workshop

The OpenSim team at Stanford puts many hours into preparing for workshops and developing the software, documentation, and examples. As participants, you've put many hours into collecting and analyzing your data and now have traveled from around the world to spend three days working on your projects. There are several guidelines we can follow to ensure that everyone gets a maximum benefit from the workshop:

- Use the didactic lectures, handouts, and online OpenSim resources we'll provided as the first step for resolving problems.
- Work together! The participant sitting next to you might be able to answer your question just as effectively as a member of the Stanford team. Included with your handout materials will be a list of all of the other workshop attendees and their project topics.
- There will be many Stanford graduate students and staff researchers available to help answer questions during the workshop. Everyone has different areas of expertise. The workshop leaders will work to match you with the best person for help.
- Have fun and take breaks. We've purposely included breaks and time for social interaction and ask that you follow this part of the schedule. Taking the time to rest and recharge is essential for everyone.
- Set a clear and manageable project goal for the workshop. This is the purpose of preparing goals slides and the related pre-workshop interaction.
- Share your results. Create a project on SimTK.org to share your models and simulation results at the end of the workshop, if you haven't done so already. Documenting your work will allow other researchers to build on your findings and give you credit for the discoveries you've made in your research.
- Teach others. We hope you will share what you learn at the workshop with your students and colleagues. Please contact us if you are interested in starting an OpenSim user group or leading a workshop at your local institution.
- Fill out our online survey to give us feedback and help us improve OpenSim and future workshops.