

# Open Knee(s)

*A Path Towards Open Source  
Virtual Musculoskeletal Joints*

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University of Missouri

# DISCLOSURES



**UNLABELED USE**



**INVESTIGATIONAL PRODUCTS**



**AFFILIATIONS WITH COMMERCIAL FIRMS**

## **FUNDING PROVIDED BY**

*National Institute of General Medical Sciences*

*National Institute of Biomedical Imaging and Bioengineering (partially)*

*National Inst. of Arthritis and Musculoskeletal and Skin Diseases (partially)*

**National Institutes of Health**

# WHY MODELING?

“... a **representation** of the **essential aspects** of an existing system (or a system to be constructed), which presents knowledge of that system **in a usable form.**”

# WHY MODELING?

Computational **modeling & simulation** provides **medicine** the tools of **modern engineering**.

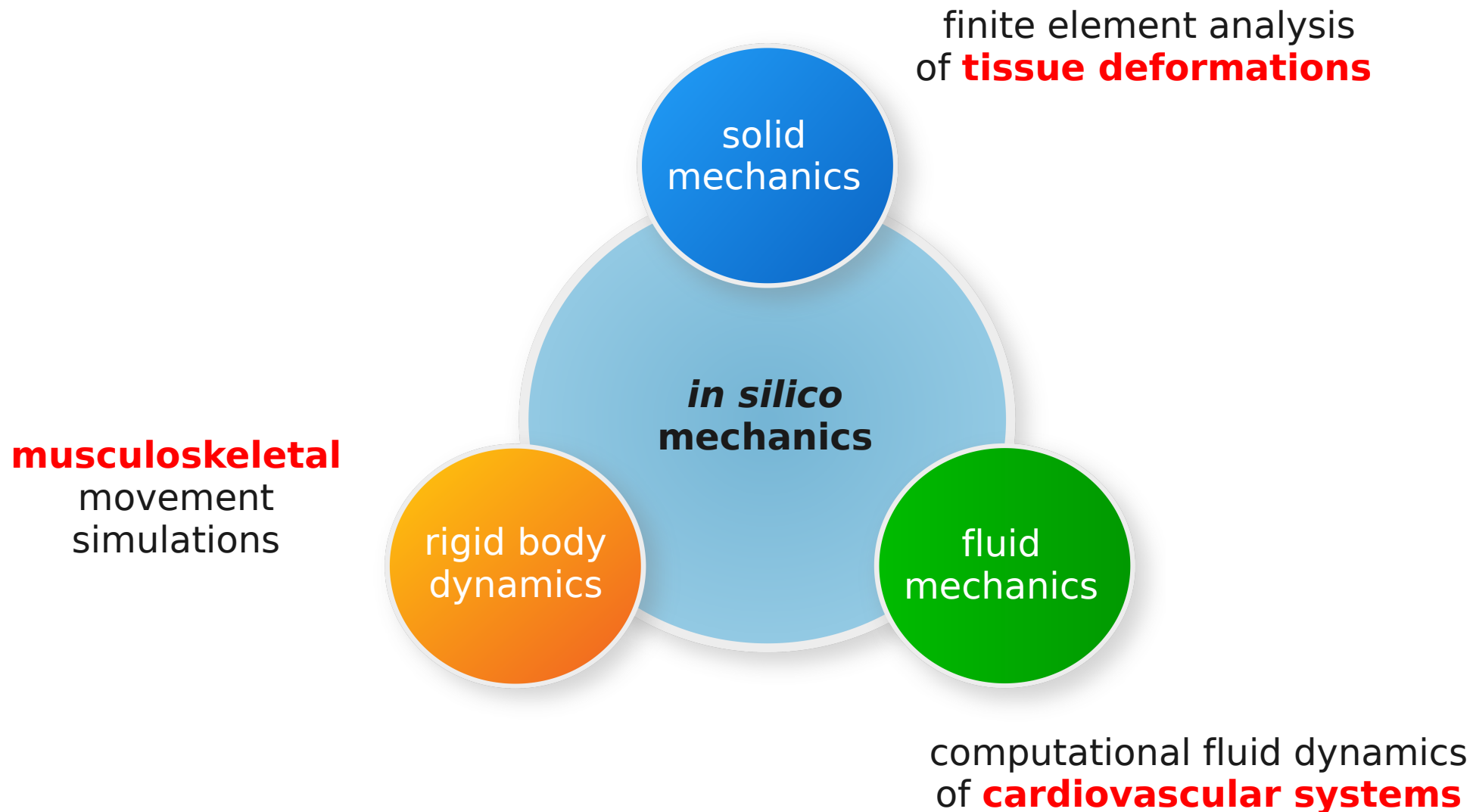
“... For example, doctors will be able to use simulations – initialized with patient specific anatomic and physiologic data – *to predict* the outcomes of procedures and thereby *design* optimal treatments for individual patients. ...”

“... manufacturers could use SBES methods to predict the performance of their medical devices in virtual patients. ...”

*adapted from NSF Blue Ribbon Panel Report on SBES (2006)*

***In silico* approaches** provide many **opportunities** in scientific **research**, **technology** development, and clinical **translation**.

# MODELING MODALITIES



# MODELING & SIMULATION ENTERPRISE



simulation software

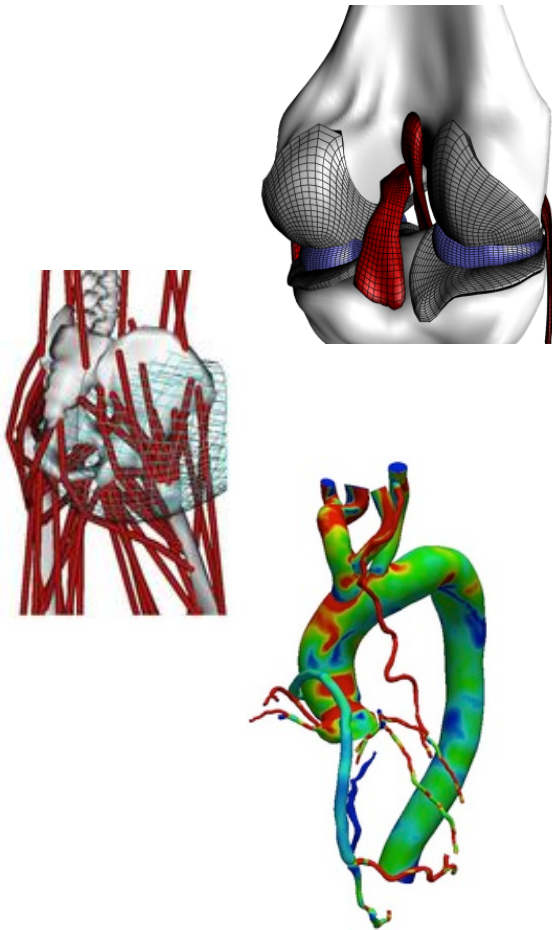


models

computing hardware

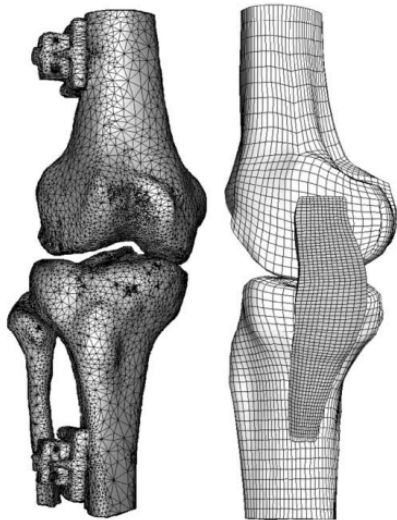
## XSEDE

Extreme Science and Engineering  
Discovery Environment



# WHY KNEE MODELING?

## Joint and tissue functions



MCL  
function

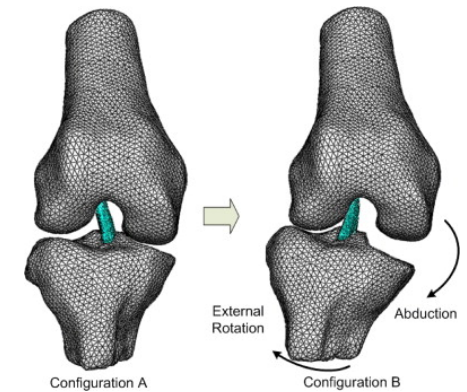
*Gardiner and Weiss, J Orthop Res, 21: 1098-106, 2003.*

## Injury mechanisms

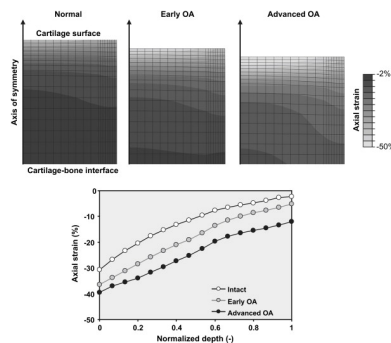


*Park et al., J Biomech, 43: 2039-42, 2010.*

ACL  
impingement



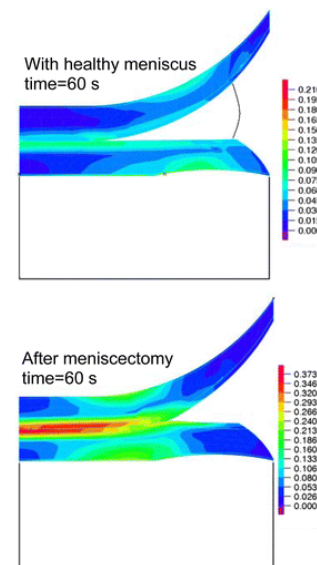
## Pathological impacts



Osteoarthritis

*Kalahari et al., Osteoarthritis and Cartilage, 18: 73-81, 2010.*

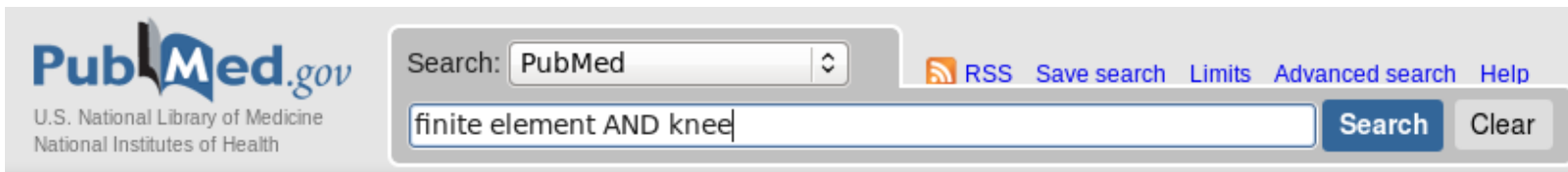
## Surgical interventions



Meniscectomy

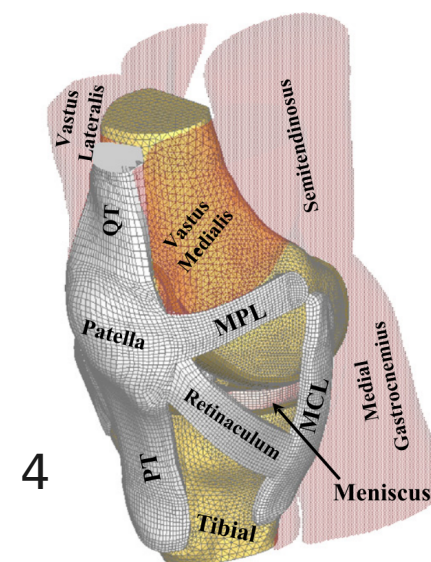
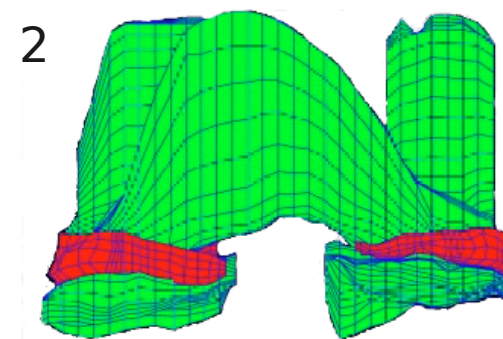
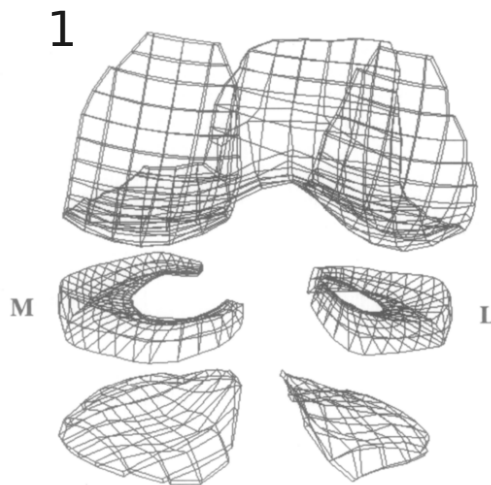
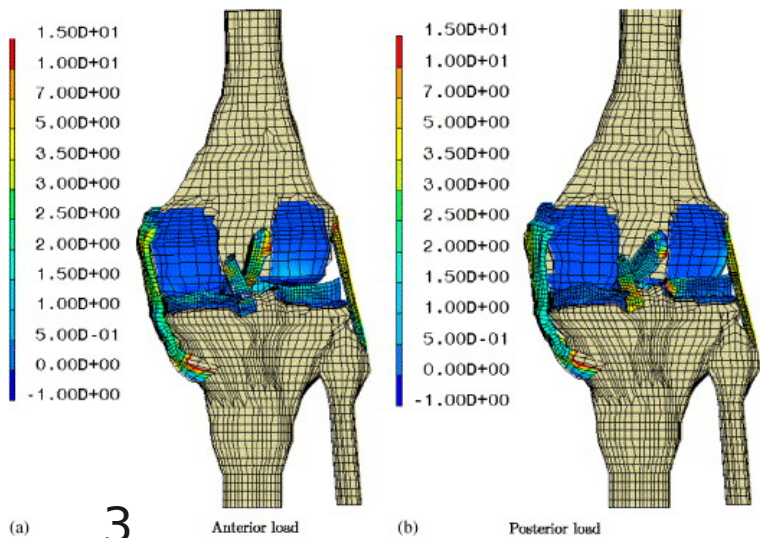
*Vaziri et al., Annals of Biomed Eng, 36: 1335-44, 2008.*

# STATE OF KNEE MODELS



Display Settings:  Summary, 20 per page, Sorted by Recently Added

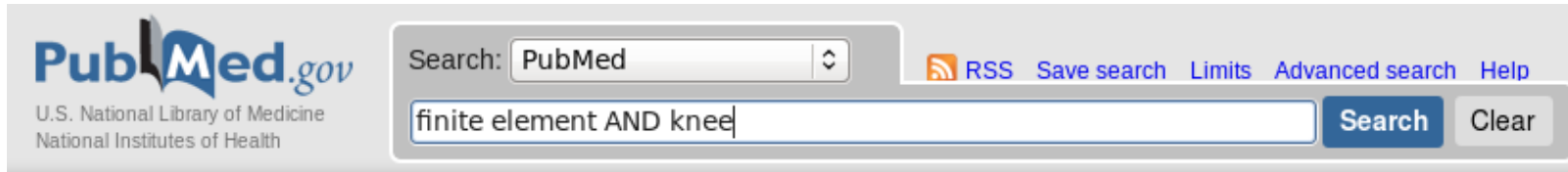
Results: 1 to 20 of ~~412~~  
**699** (as of Mar 15, 2015)



- <sup>1</sup>Bendjaballah et al., *Clin Biomech*, 12: 139-48, 1997.
- <sup>2</sup>Donahue et al., *J Biomech Eng*, 124: 273-80, 2002.
- <sup>3</sup>Peña et al., *J Biomech*, 39: 1686-701, 2006.
- <sup>4</sup>Dhaher et al., *J Biomech*, , 43: 3118-25, 2010.



# STATE OF KNEE MODELS



Display Settings:  Summary, 20 per page, Sorted by Recently Added

Results: 1 to 20 of ~~412~~  
**699** (as of Mar 15, 2015)

1.50D+01  
 1.00D+01  
 7.00D+00  
 5.00D+00  
 3.50D+00  
 3.00D+00  
 2.50D+00  
 2.00D+00  
 1.50D+00  
 1.00D+00  
 5.00D-01  
 0.00D+00  
 -1.00D+00

Downloadable and reusable finite element representations of knee models are scarce.

(a) 3

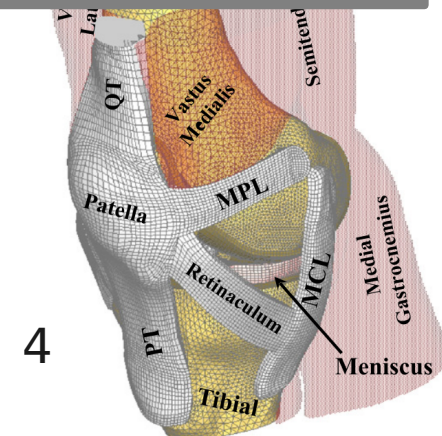
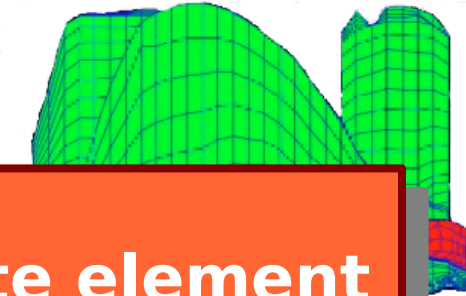
Anterior load

5.00D-01  
 0.00D+00  
 -1.00D+00

(b)

Posterior load

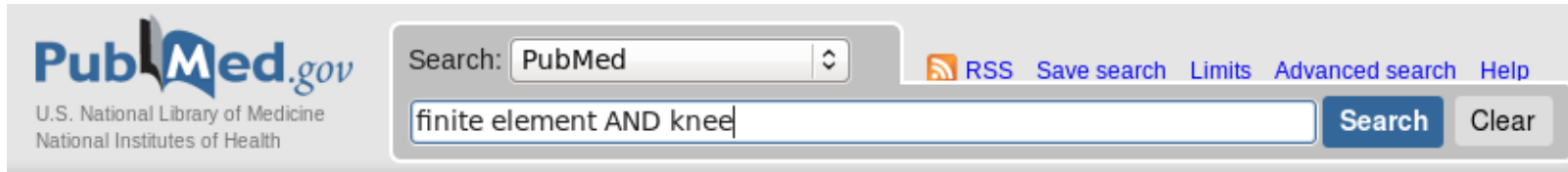
2



4

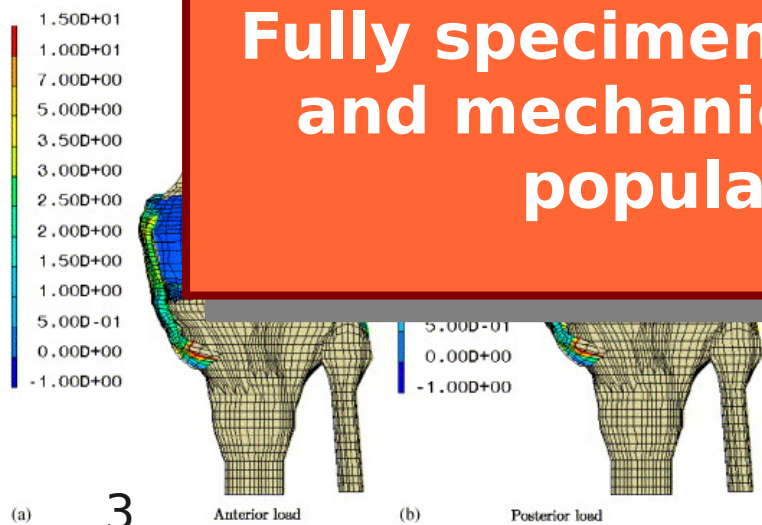
- <sup>1</sup>Bendjaballah et al., *Clin Biomech*, 12: 139-48, 1997.
- <sup>2</sup>Donahue et al., *J Biomech Eng*, 124: 273-80, 2002.
- <sup>3</sup>Peña et al., *J Biomech*, 39: 1686-701, 2006.
- <sup>4</sup>Dhaher et al., *J Biomech*, , 43: 3118-25, 2010.

# STATE OF KNEE MODELS

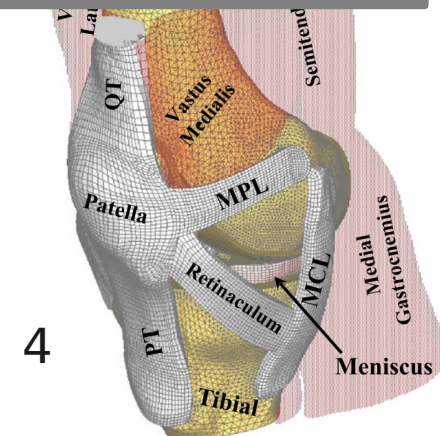
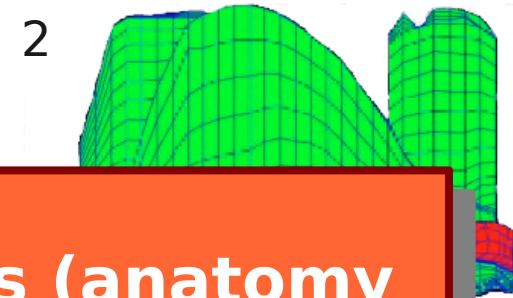


Display Settings:  Summary, 20 per page, Sorted by Recently Added

Results: 1 to 20 of ~~412~~  
**699** (as of Mar 15, 2015)



**Fully specimen-specific models (anatomy and mechanical properties) of diverse populations do not exist.**



- <sup>1</sup>Bendjaballah et al., *Clin Biomech*, 12: 139-48, 1997.
- <sup>2</sup>Donahue et al., *J Biomech Eng*, 124: 273-80, 2002.
- <sup>3</sup>Peña et al., *J Biomech*, 39: 1686-701, 2006.
- <sup>4</sup>Dhaher et al., *J Biomech*, , 43: 3118-25, 2010.

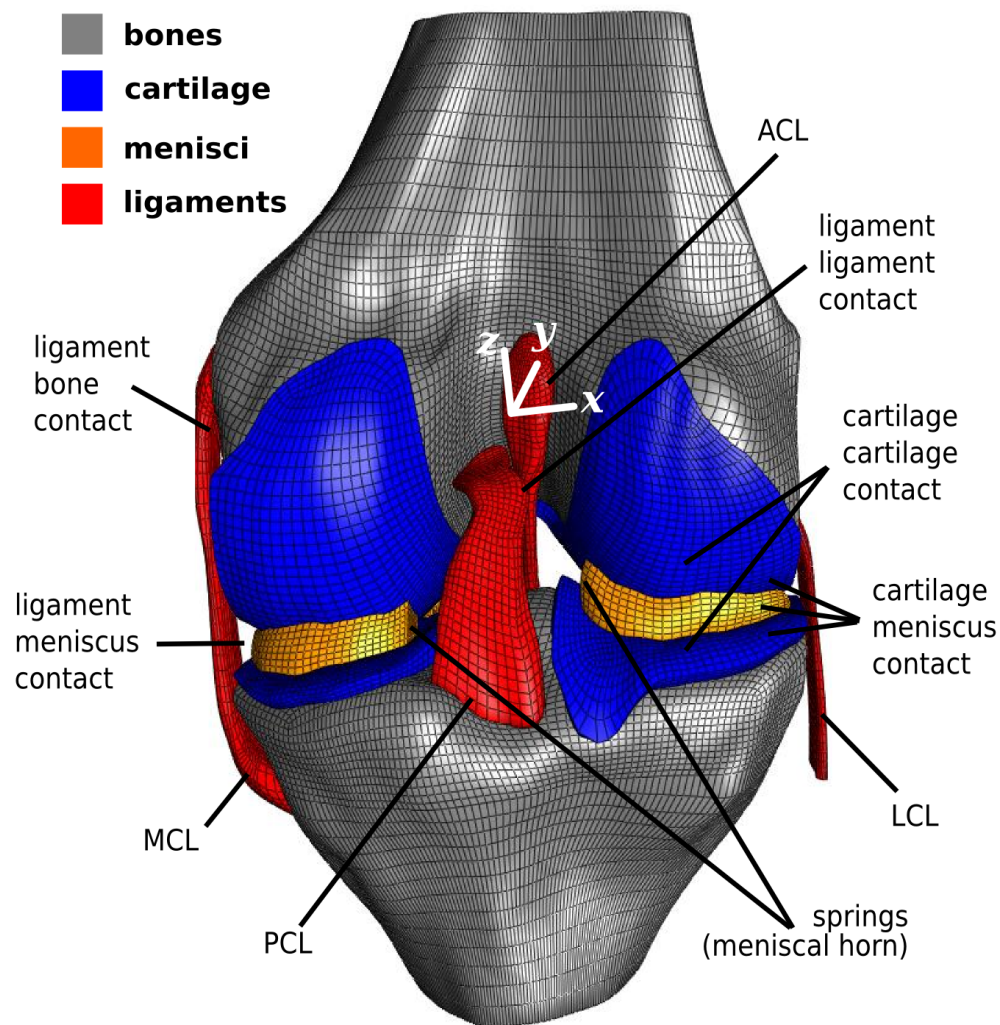
# WHY OPEN SOURCE?

- ❏ Benefits **users** of models
  - disruption of barriers to entry to modeling & simulation*
- ❏ Benefits **developers** of models
  - opportunity for crowd-sourcing*
- ❏ Benefits **community** and scientific enterprise
  - collaboration possibilities*
  - expedited translation of models to practice*
  - promotion of reusability, accountability, reproducibility*

# OPEN KNEE(S) GOALS

- ❏ To provide an open, freely available, and collaborative development, testing, simulation and dissemination platform for in silico exploration of the biomechanics of healthy and diseased knees.
  - Platform for community driven modeling & simulation
- ❏ To develop in silico biomechanical models of healthy and diseased knee joints of different genders and ages, supported by specimen-specific joint and tissue level experimental mechanics.
  - General purpose models of healthy and diseased knees

# GENERATION 1 (G1)



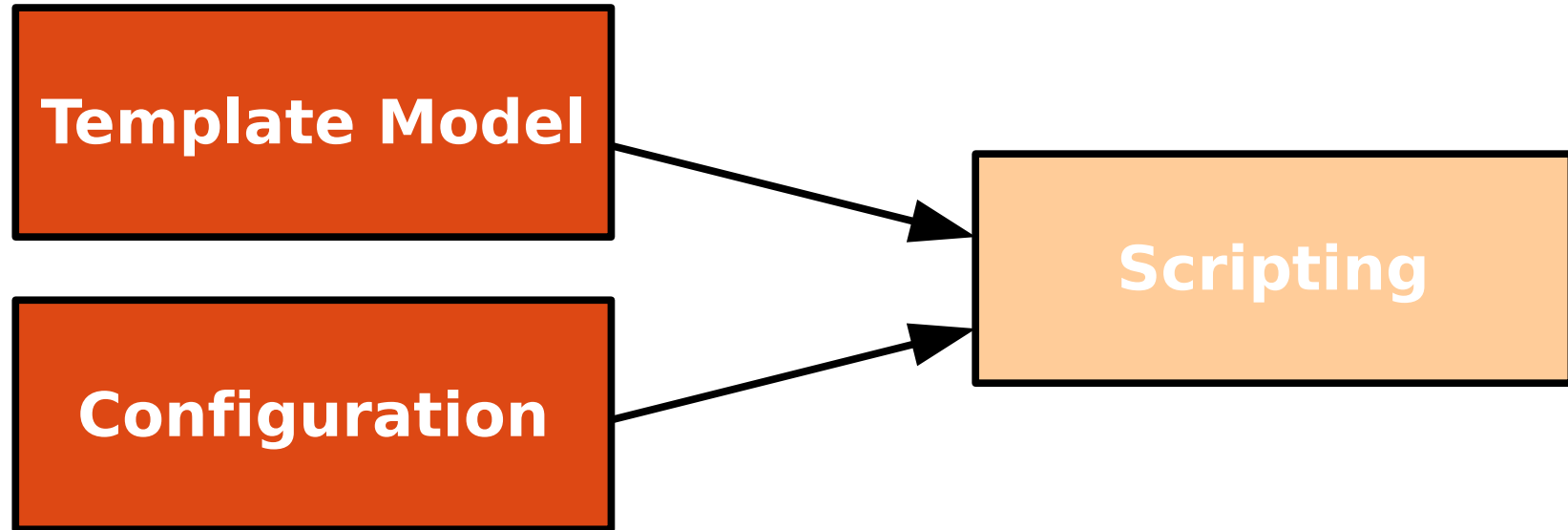
**Bones**  
rigid body

**Cartilage**  
nearly incompressible Neo-Hookean

**Menisci**  
Fung orthotropic hyperelastic  
horn attachments as springs

**Ligaments**  
transversely isotropic  
hyperelastic

# G1 SCRIPTING



## ❏ Customization

*loading & boundary conditions*

*material properties*

*output metrics*

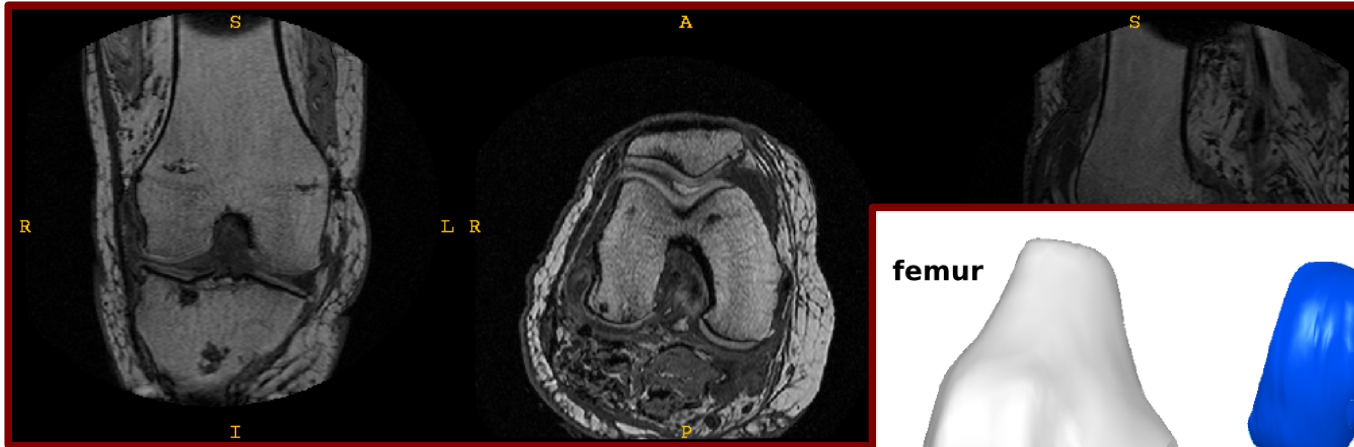
## ❏ Iterative analysis

*inverse problems*

*sensitivity analysis*

*probabilistic simulations*

# G1 INTERMEDIATE PRODUCTS

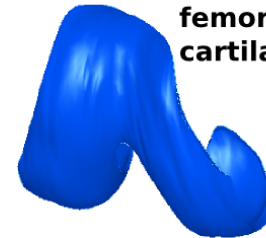


Imaging data

femur



femoral cartilage



LCL



ACL



PCL



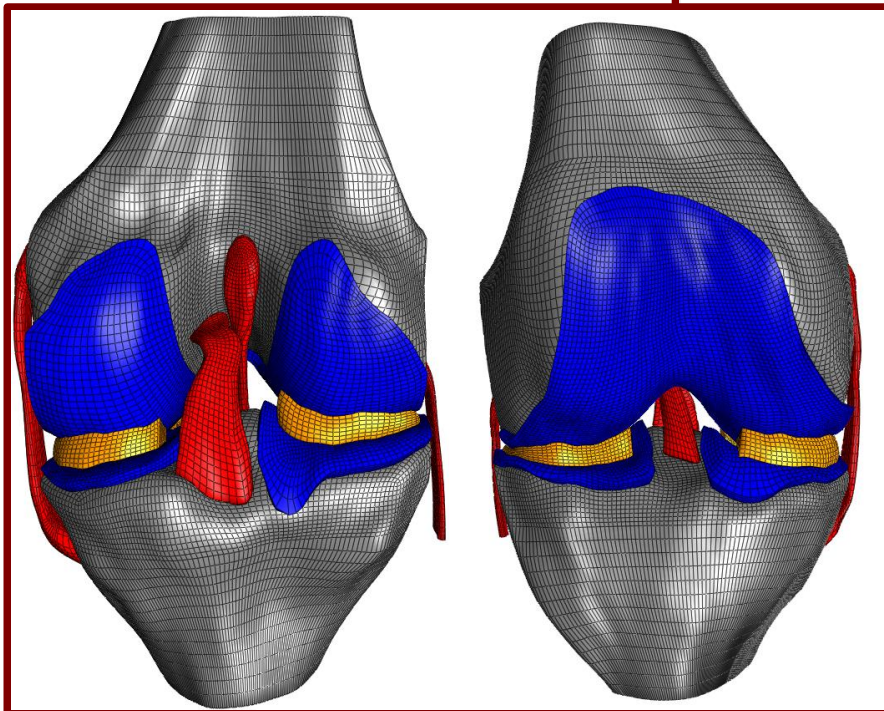
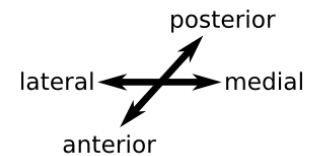
MCL



menisci



tibial cartilage



Mesh

Geometry

# G1 DISSEMINATION

Open Knee Statistics (January 30, 2012)	
Project site	<a href="https://simtk.org/home/openknee">https://simtk.org/home/openknee</a>
Project launch date	February 18, 2010
Page hits	19525 (past 180 days)
Unique visitors	902 (past 180 days)
Team members	8 total 3 active 2 original, 1 from community
Documentation	1 user's guide 3 conference abstracts
Development	248 repository commits
Releases	v.1.0.0.199 (major) December 17, 2010 v.1.0.1.202 (minor)
Release downloads	207 total 162 unique
Expected use of downloads (feedback provided by users)	56 research 54 training 24 reference for other models 14 evaluation 9 anterior cruciate ligament 9 instrumentation/implants/ orthotics/prosthetics 6 cartilage/osteoarthritis 5 potential contributions 4 impact biomechanics 4 knee loads 2 knee movements 2 knee geometry 1 meniscal injury 1 femur biomechanics Rest unspecified/unsure

**as of March 15, 2015**

**138,290** page hits past 180 days

**26,789** unique visitors past 180 days

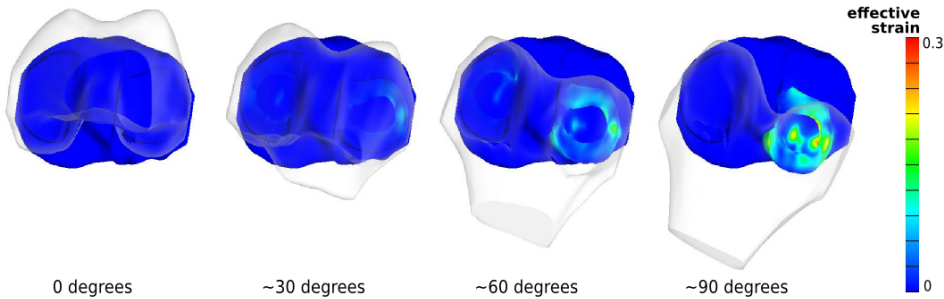
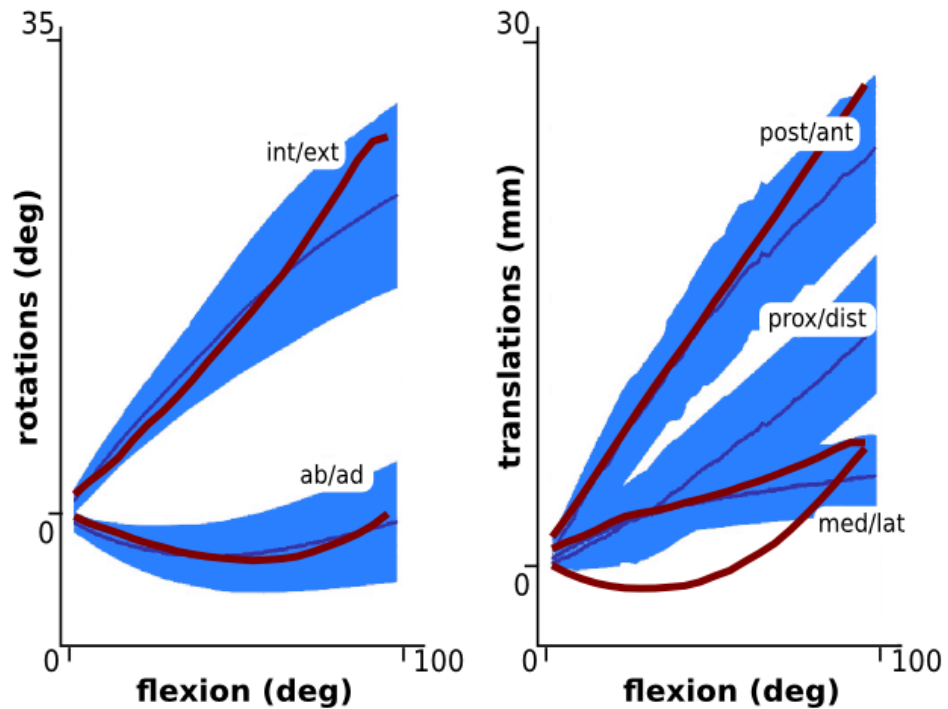
**453** repository commits

**777** total downloads  
**565** unique downloads

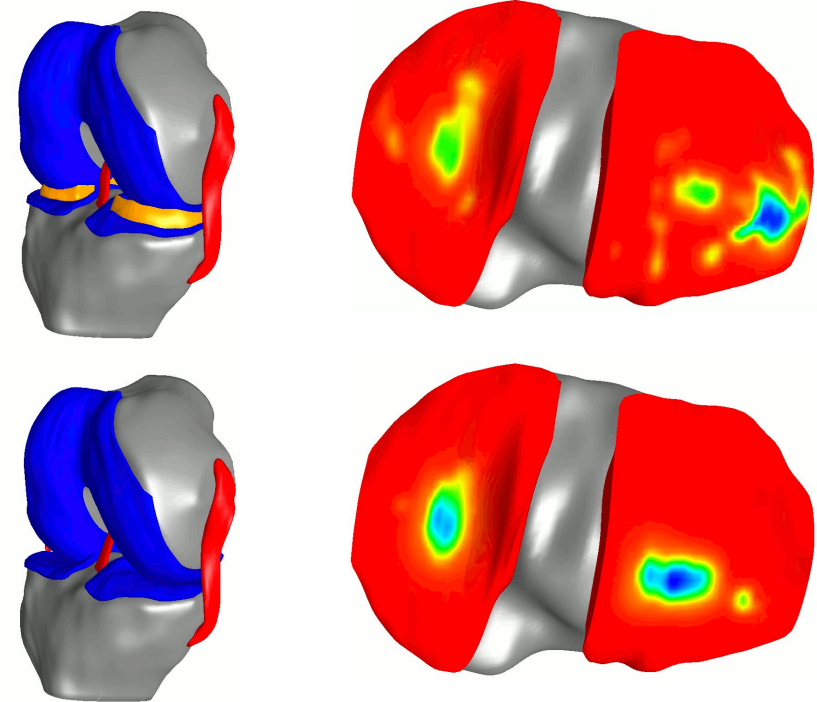


# G1 DEVELOPER STUDIES

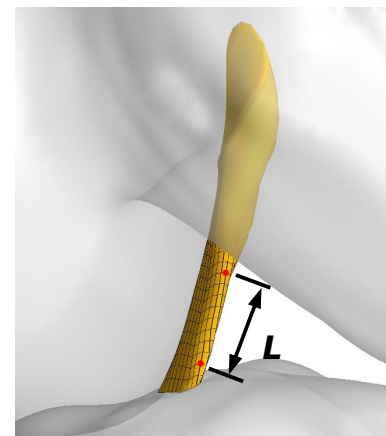
## Passive flexion



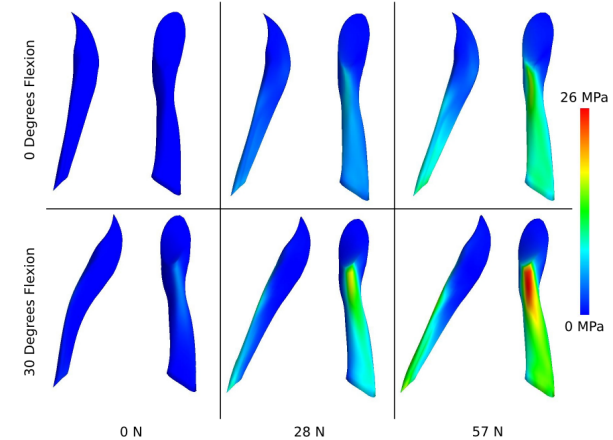
## Menisectomy



## ACL mechanics



ACL 1st Principal Stress vs Anterior Tibial Load



# G1 ENABLED STUDIES

## Peer-Reviewed Articles (3 out of 4 shown)

*Sibole, S. C. and Erdemir, A. (2012) Chondrocyte deformations as a function of tibiofemoral joint loading predicted by a generalized high-throughput pipeline of multi-scale simulations, PLoS ONE, 7, e37538.*

*Westermann, R. W., Wolf, B. R. and Elkins, J. M. (2013) Effect of acl reconstruction graft size on simulated lachman testing: a finite element analysis, Iowa Orthop J, 33, 70-77.*

*Guo, H. and Spilker, R. L. (in press) An augmented Lagrangian finite element formulation for 3D contact of biphasic tissues, Computer Methods in Biomechanics and Biomedical Engineering.*

## Thesis (3)

*Heydon, R. (2011) Finite element analysis of knee articular cartilage, M.A.Sc. Thesis, Ryerson University, Toronto, Ontario, Canada.*

*Tichon, D. J. (2011) Finite element analysis of the effect of low-speed rear end collisions on the medial meniscus, M.Sc. Thesis, University of Connecticut, Storrs, Connecticut, USA.*

*Wangerin, S. (2013) Development and validation of a human knee joint finite element model for tissue stress and strain predictions during exercise, M.Sc. Thesis, California Polytechnic State University, San Luis Obispo, California, USA.*

## Conference Abstracts (2 out of 7 shown)

*Tichon, D. J. and Peterson, D. R. Effect of rear end low-speed collisions on the meniscus, IEEE 37<sup>th</sup> Annual Northeast Bioengineering Conference, April 1-3, 2011, Troy, NY.*

*Valkeapää, A., Kłodowski, A., Rantalainen T. and Mikkola A. Knee cartilage surface loading during stationary bicycling, Computer Methods in Mechanics, May 9-12, 2011, Warsaw, Poland.*

# GENERATION 2 (G2) PROGRESS

- ❖ Full knee models

  - tibiofemoral joint*

  - patellofemoral joint*

- ❖ Complete specimen-specificity

  - geometry*

  - material*

- ❖ Comprehensive data

  - magnetic resonance imaging*

  - joint kinematics/kinetics*

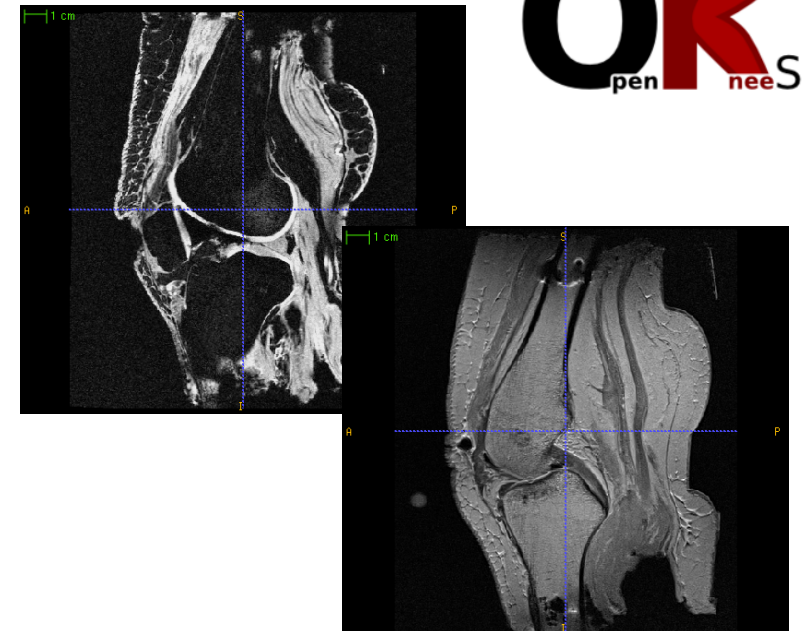
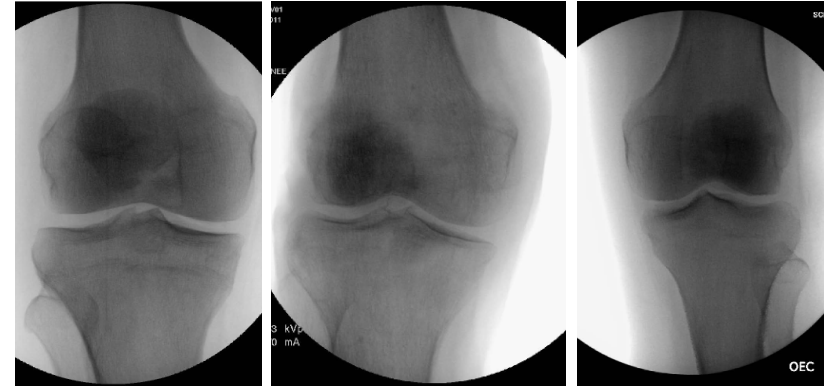
  - tissue stress/strain*

- ❖ Multiple knees

  - young/elderly*

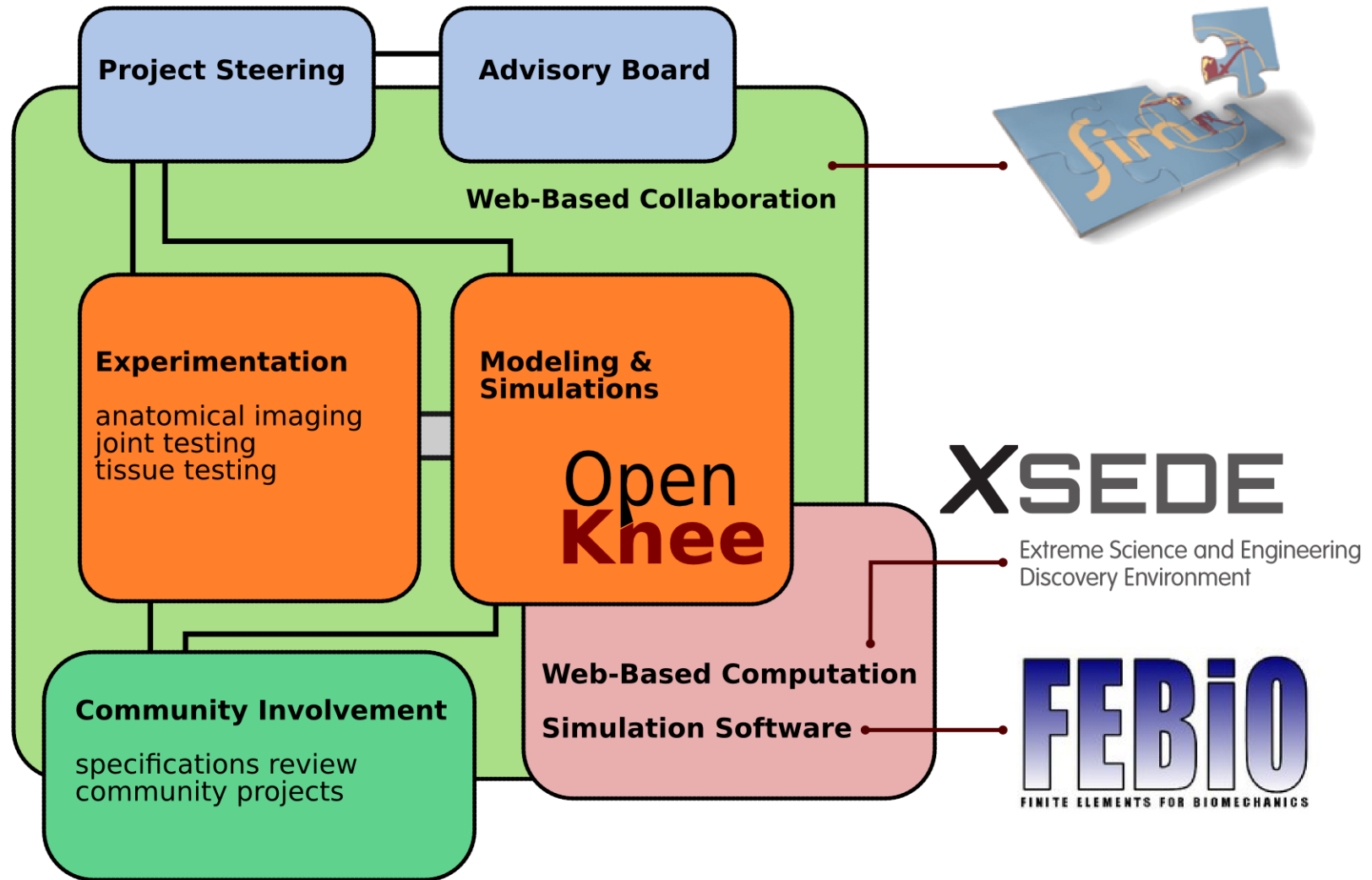
  - male/female*

  - healthy/osteoarthritic*



ok  
pen neeS

# G2 INFRASTRUCTURE



# G2 ADVISORY BOARD



Jack Andrish, MD



Morgan Jones, MD



Paul Saluan, MD



Carl Winalski, MD

Physicians

Trent Guess, PhD



Yasin Dhafer, PhD



Rami Korhonen, PhD



Engineers/Scientists

# G2 KNEES



**oks001**

Right knee

**Gender:** Male  
**Age:** 71 years  
**Race:** White  
**Height:** 1.83 m  
**Weight:** 77.1 kg  
**BMI:** 23.1

**oks002**

Right knee

**Gender:** Female  
**Age:** 67 years  
**Race:** White  
**Height:** 1.55 m  
**Weight:** 45.3 kg  
**BMI:** 18.9

**oks003**

Left knee

**Gender:** Female  
**Age:** 25 years  
**Race:** White  
**Height:** 1.73 m  
**Weight:** 68 kg  
**BMI:** 22.8

**oks004**

Right knee

**Gender:** Female  
**Age:** 46 years  
**Race:** White  
**Height:** 1.58 m  
**Weight:** 54.4 kg  
**BMI:** 21.9

**oks006**

Right knee

**Gender:** Female  
**Age:** 71 years  
**Race:** White  
**Height:** 1.52 m  
**Weight:** 49.4 kg  
**BMI:** 21.3

**oks007**

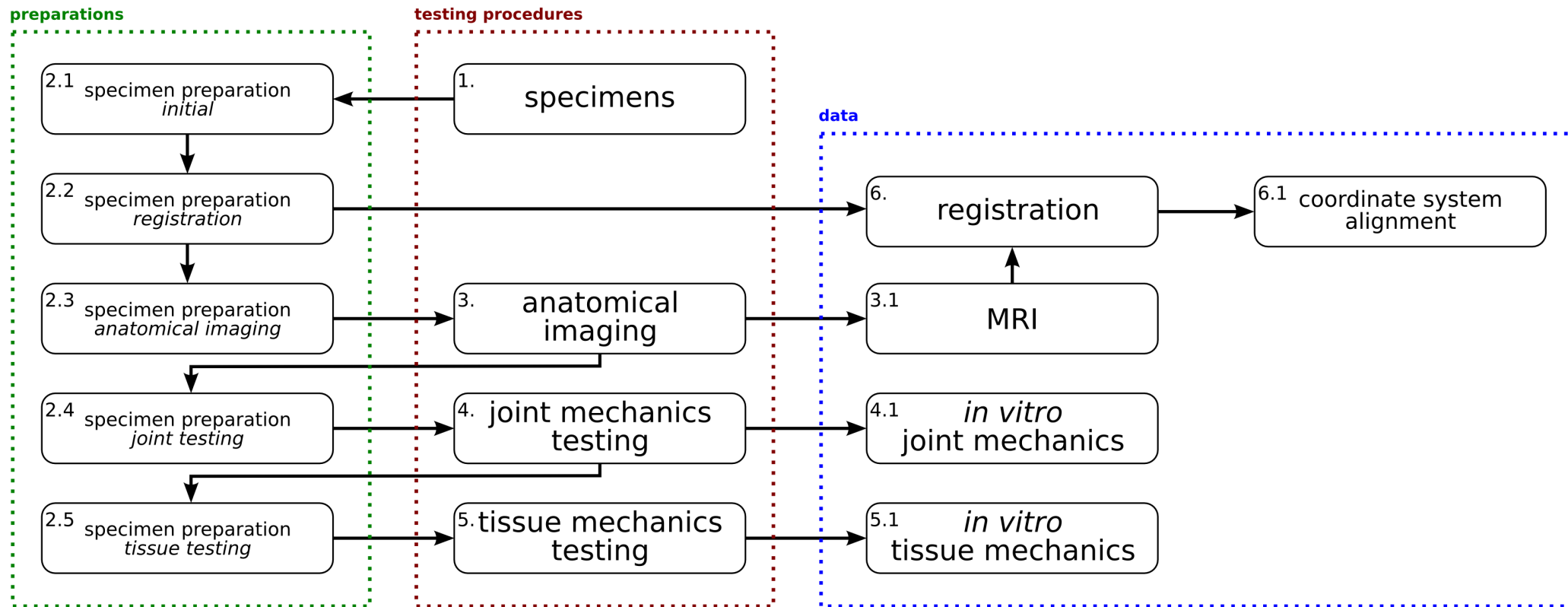
Right knee

**Gender:** Male  
**Age:** 71 years  
**Race:** White  
**Height:** 1.7 m  
**Weight:** 65.8 kg  
**BMI:** 22.7

*4 more on the way...*

# G2 EXPERIMENTATION

## Workflow



# G2 EXPERIMENTATION

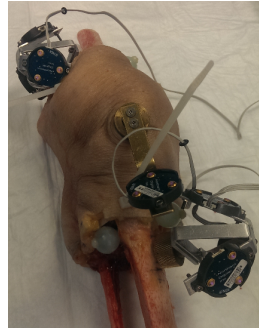
## Preparation



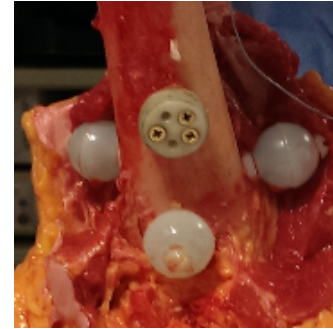
dissection



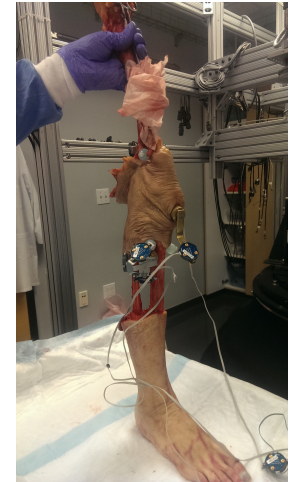
bone plugs



motion capture  
markers

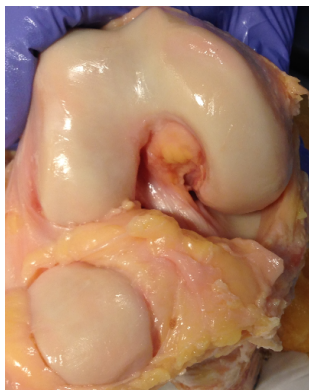


registration  
markers

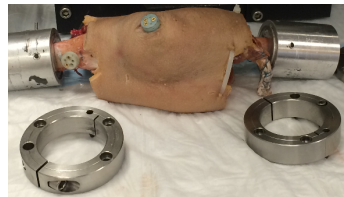


anatomical  
landmarks

preparation  
for tissue  
testing



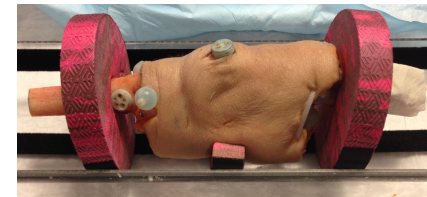
*to tissue testing*



preparation for  
joint testing



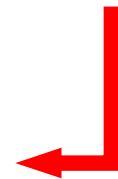
*to joint testing*



preparation for  
imaging



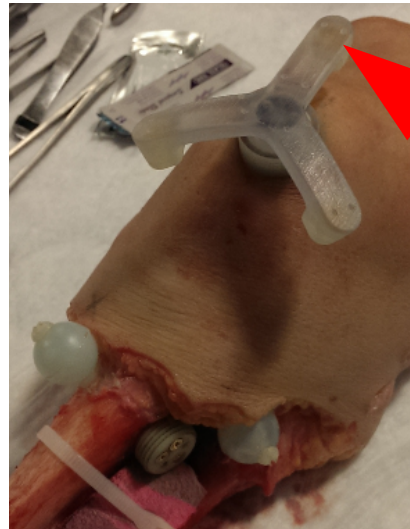
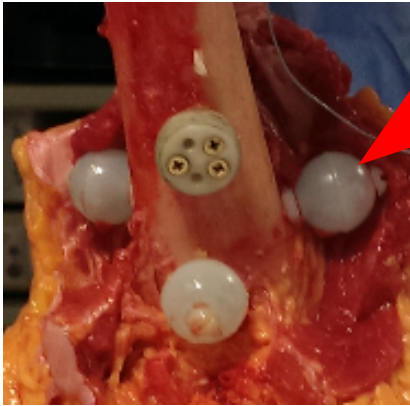
*to anatomical imaging*





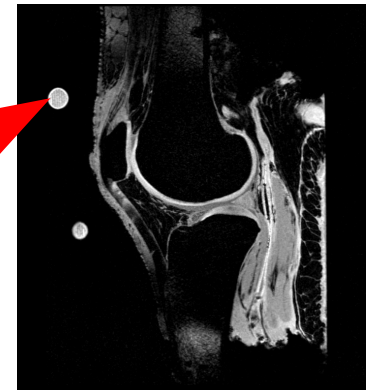
# G2 EXPERIMENTATION

## Registration



coordinate system transformations  
*femur - tibia - patella*

association of reference states  
*pose & orientation*



joint experimentation

anatomical imaging

# G2 EXPERIMENTATION



## General Purpose

3D T1-weighted  
w/o fat suppression  
0.5 x 0.5 x 0.5 mm  
TE = 6.01 ms  
TR = 20 ms

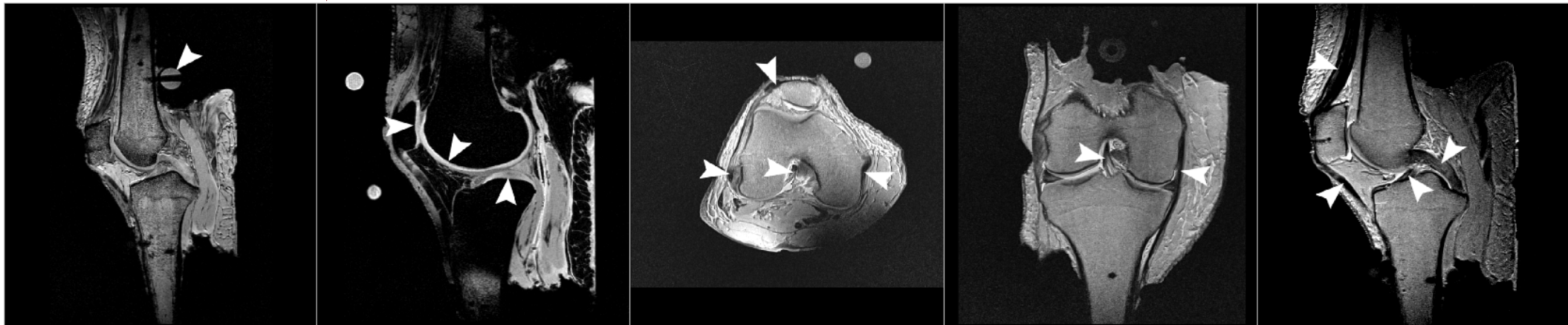
## Cartilage

3D T1-weighted  
w/ fat suppression  
0.35 x 0.35 x 0.7 mm  
TE = 5.34 ms  
TR = 29 ms

## Ligaments

Proton density  
Turbo spin echo  
0.35 x 0.35 x 2.8 mm  
TE = 9.7 ms  
TR = 10,000 ms

## Anatomical Imaging



# G2 EXPERIMENTATION

## Tibiofemoral Joint Mechanics

### Laxity Testing

Internal/external rotation  
0 to  $\pm 5$  Nm  
w/ 1 Nm increment

Varus/valgus  
0 to  $\pm 10$  Nm  
w/ 2.5 Nm increment

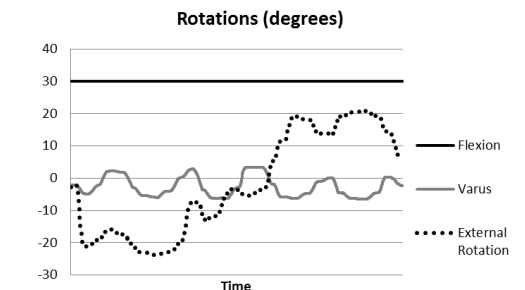
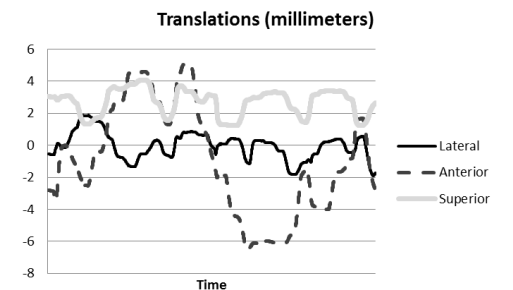
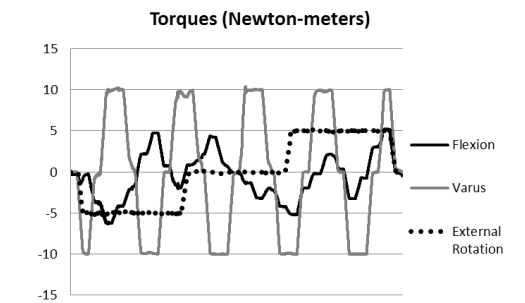
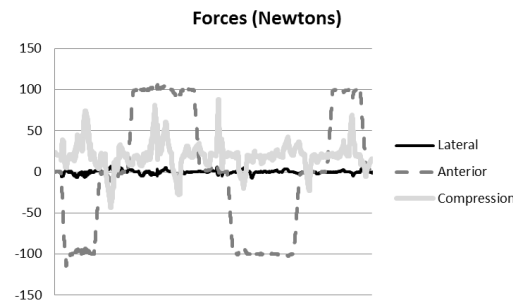
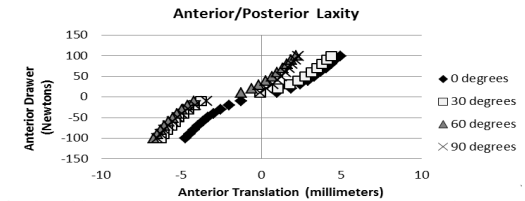
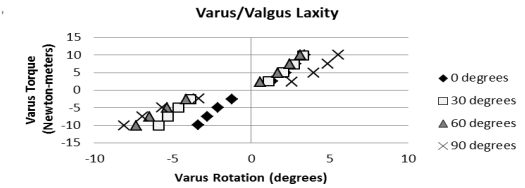
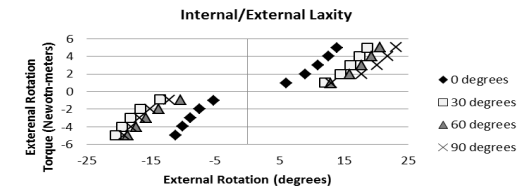
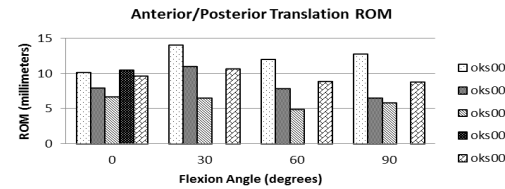
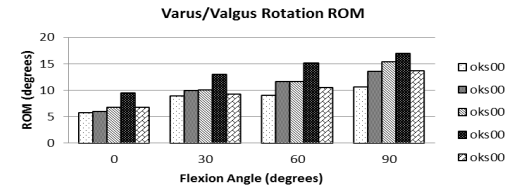
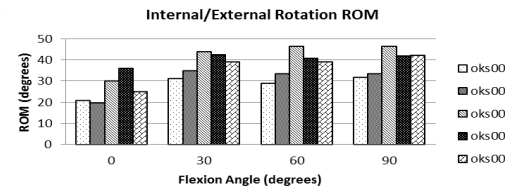
Anterior/posterior translation  
0 to  $\pm 100$  N  
w/ 10 N increment



### Combined Loading

Permutations of  
Internal/External rotation - -5, 0, 5 Nm  
Varus/valgus - -10, 0, 10 Nm  
Anterior/posterior translation - -100, 0, 100 N

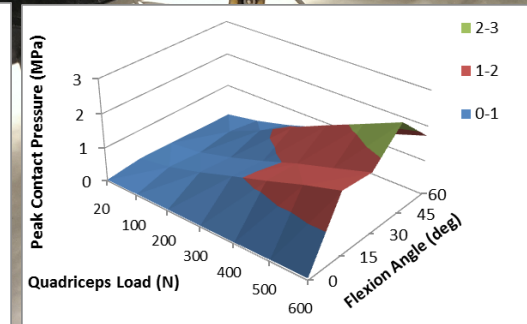
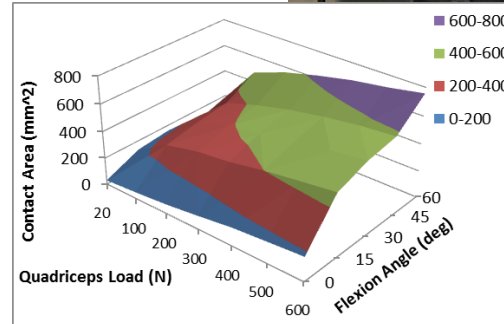
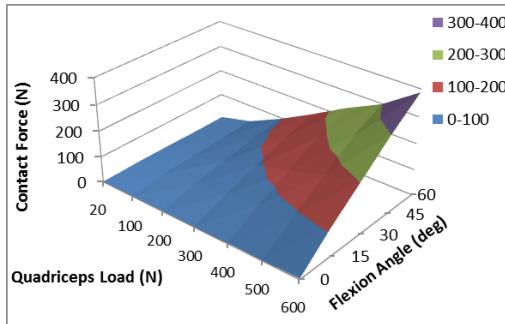
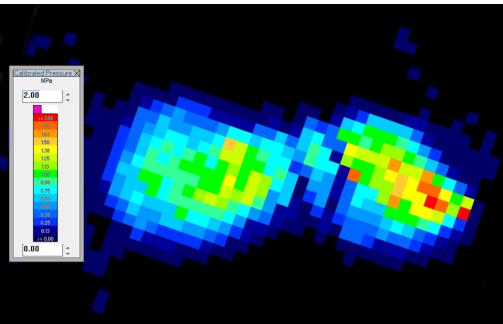
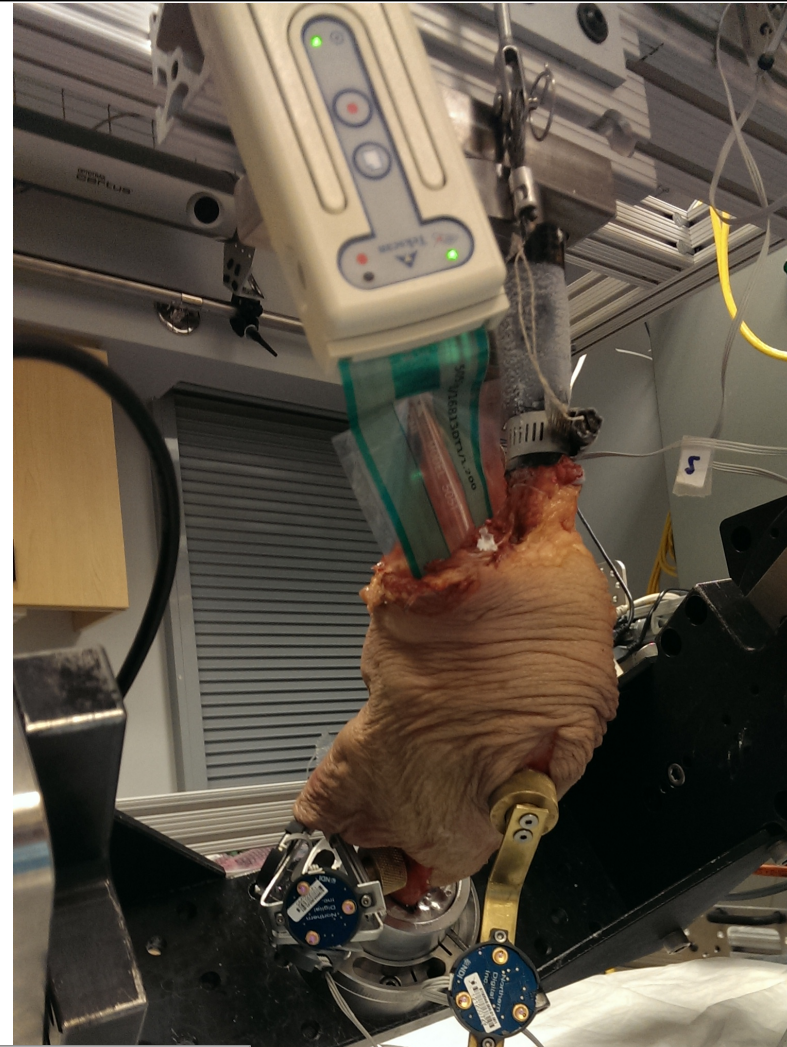
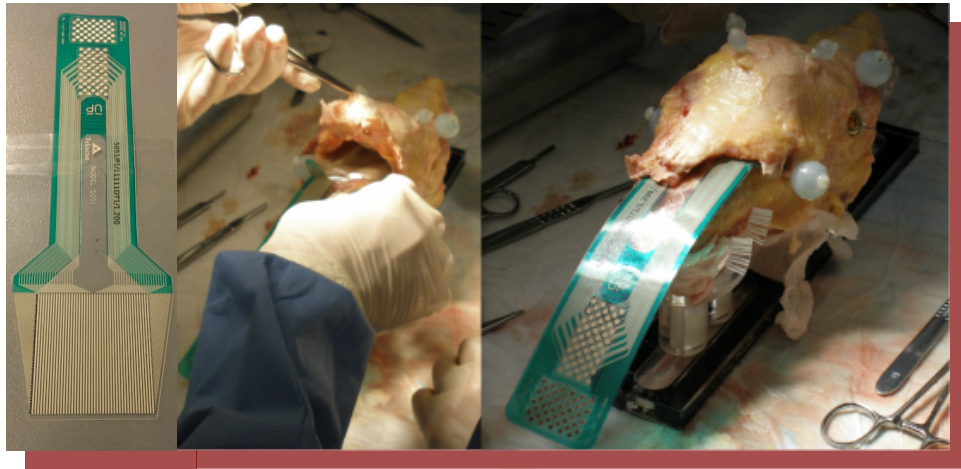
@ 0°, 30°, 60°, 90° flexion  
w/ 20 N compression force  
measurement of kinematics-kinetics



# G2 EXPERIMENTATION

## Patellofemoral Joint Mechanics

@ 0°, 15°, 30°, 45°, 90° flexion  
20 N, 100 – 600 N quadriceps force  
w/ 100 N increments  
measurement of kinematics-kinetics  
measurement of contact pressures



# G2 EXPERIMENTATION

## Tissue Mechanics

### Cartilage

unconfined compression  
confined compression  
tension

medial - lateral femoral condyle  
medial - lateral tibial plateau  
femoral groove - patella



### Meniscus

unconfined compression  
confined compression  
tension

medial - lateral

### Ligament

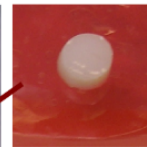
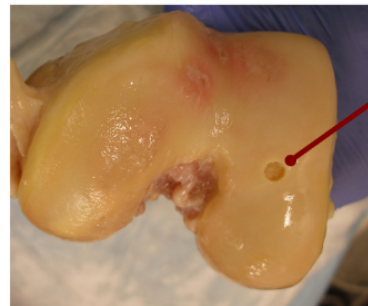
tension

anterior - posterior cruciate  
medial - lateral collateral  
patellar  
transverse

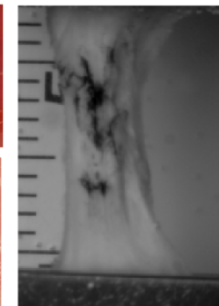
### Tendon

quadriceps

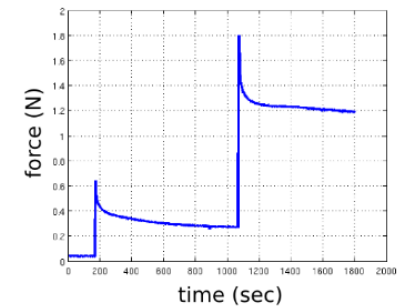
### Tissue Sampling



### Uniaxial Testing



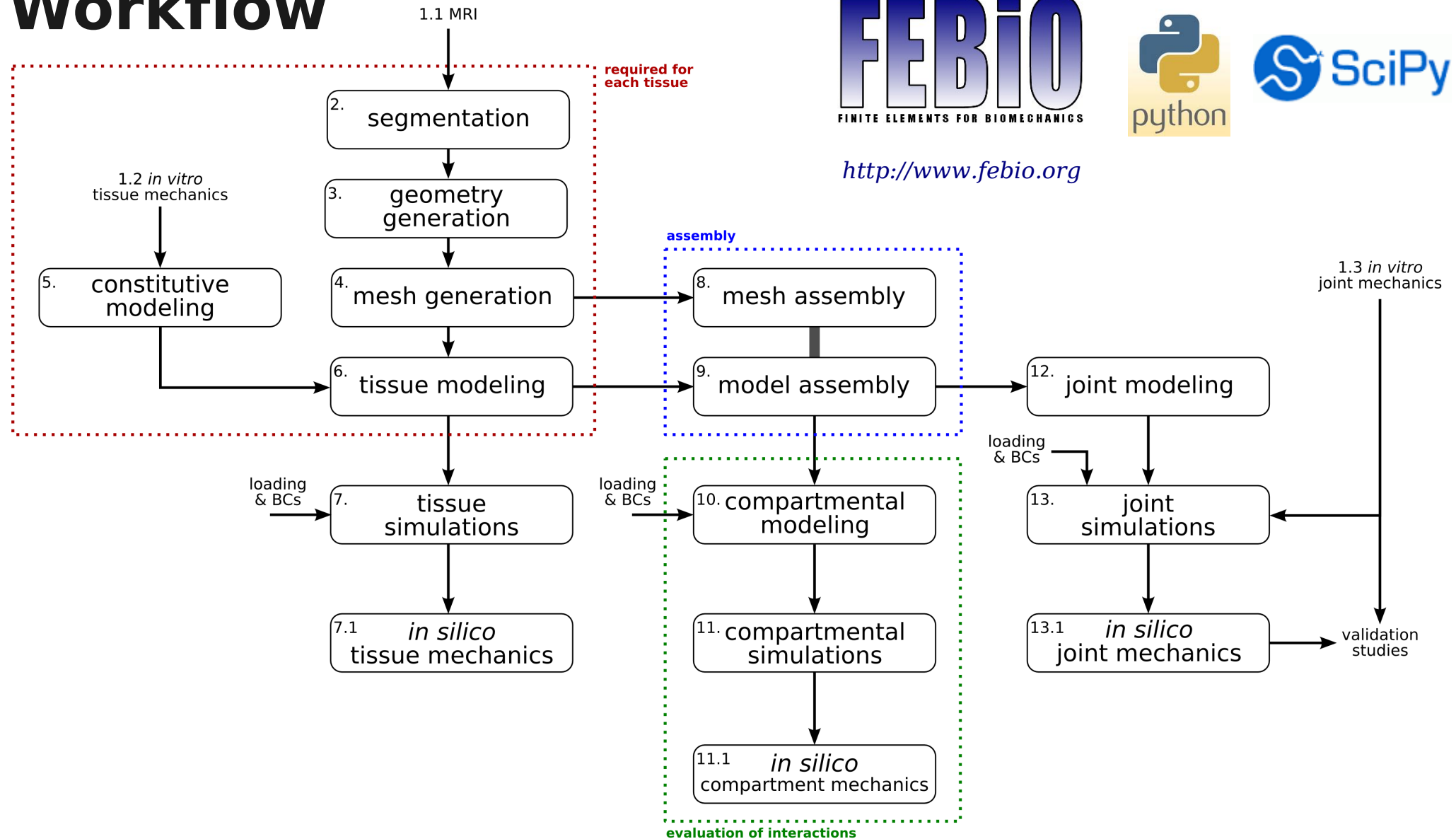
### Stress Relaxation



multi-step stress relaxation tests  
measurement of displacement - force  
measurement of sample size  
image capture (tension samples)

# G2 MODELING

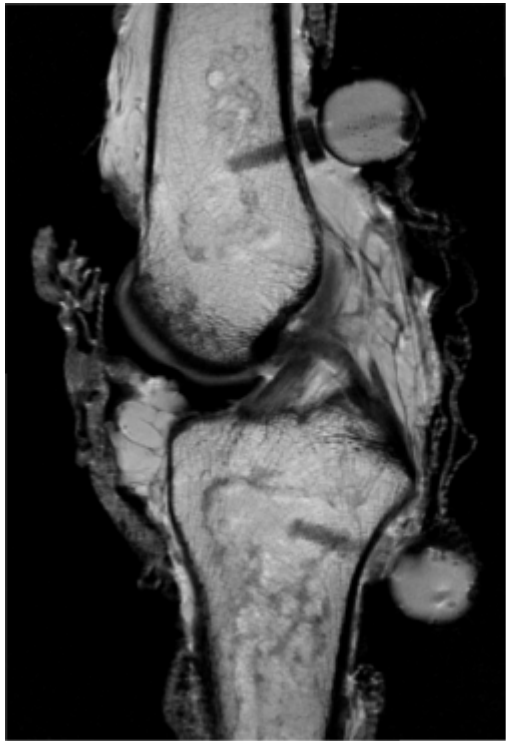
## Workflow



For mature and developing standard operating procedures, refer to <http://wiki.simtk.org/openknee/Specifications>.

# G2 MODELING

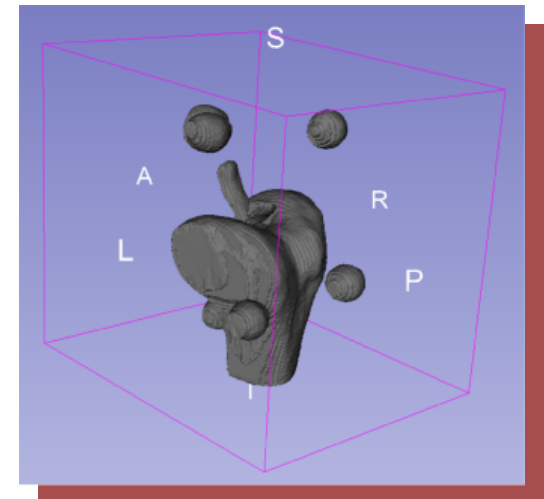
## Segmentation



image

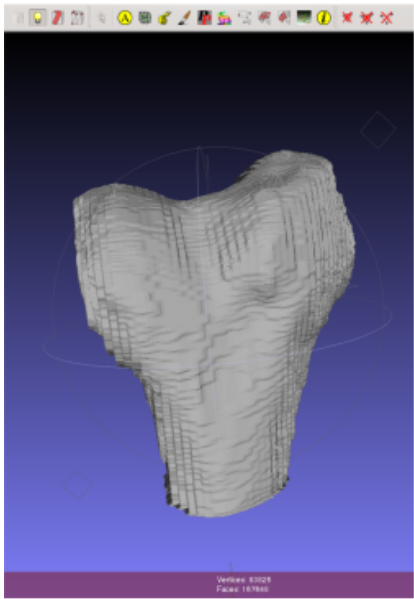


segmented  
volume

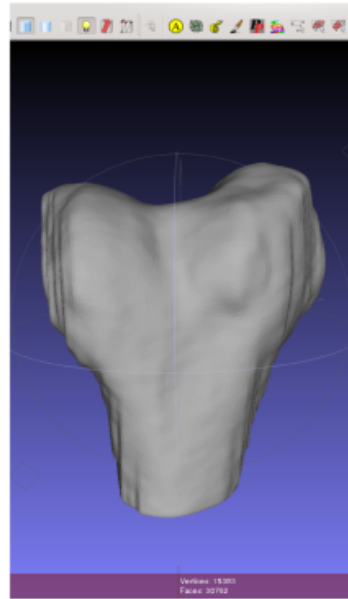


# G2 MODELING

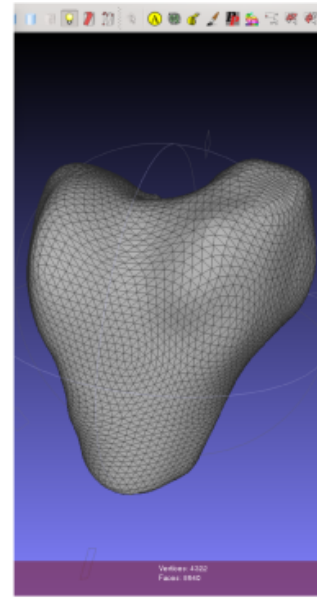
## Geometry Generation



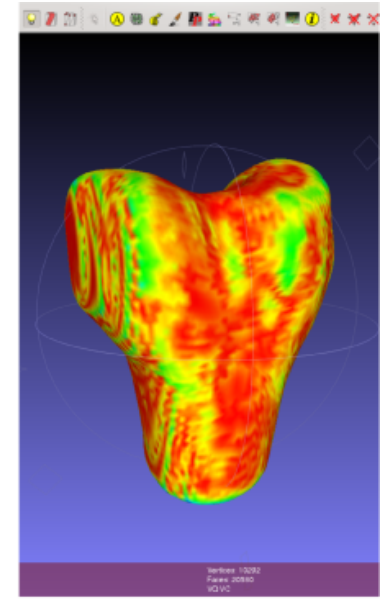
raw volume



smoothing



isoparametric  
surface



error  
estimation



**MeshLab**

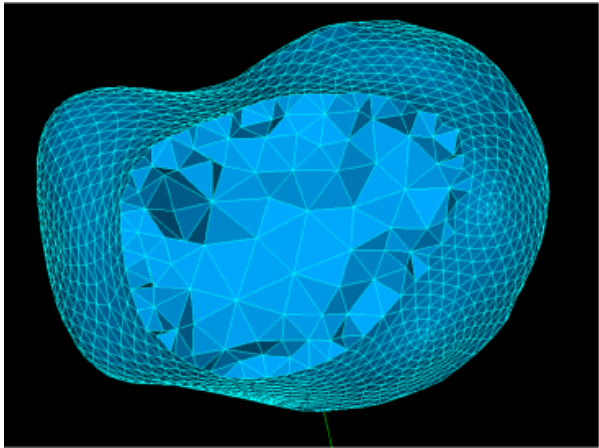
**pyformex**



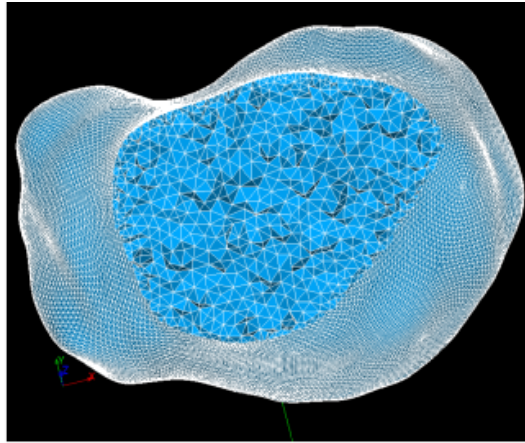
# G2 MODELING

## Meshing

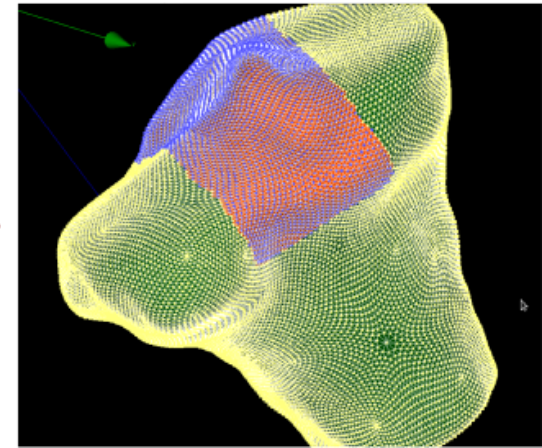
Relying on open source tools



coarse tetrahedral mesh



mesh refinement

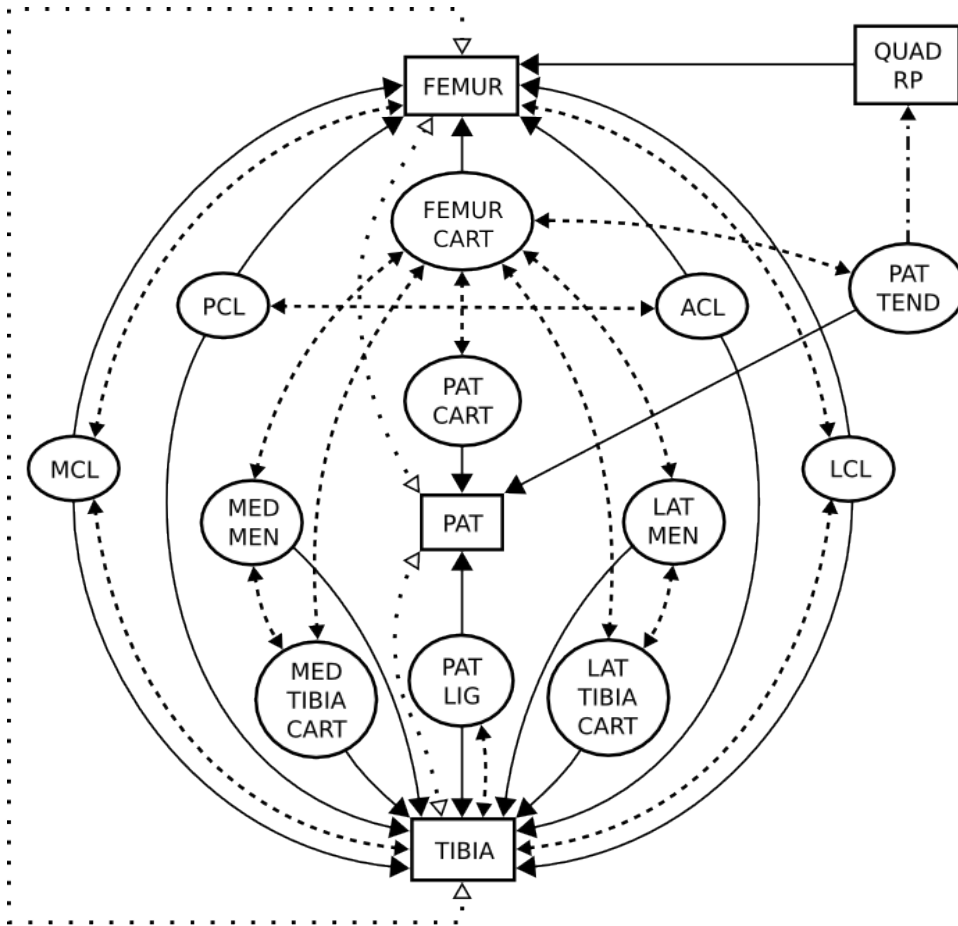


set definitions

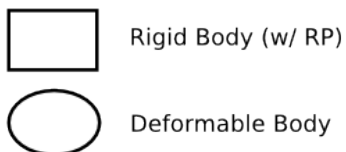
**SALOME7**  
PLATFORM

**IA-FEMesh** for hexahedral  
meshing

# G2 MODELING



## OBJECT TYPES:



## MECHANICAL RELATIONSHIPS:



## Customization

- Swap components based on

*fidelity of representation*

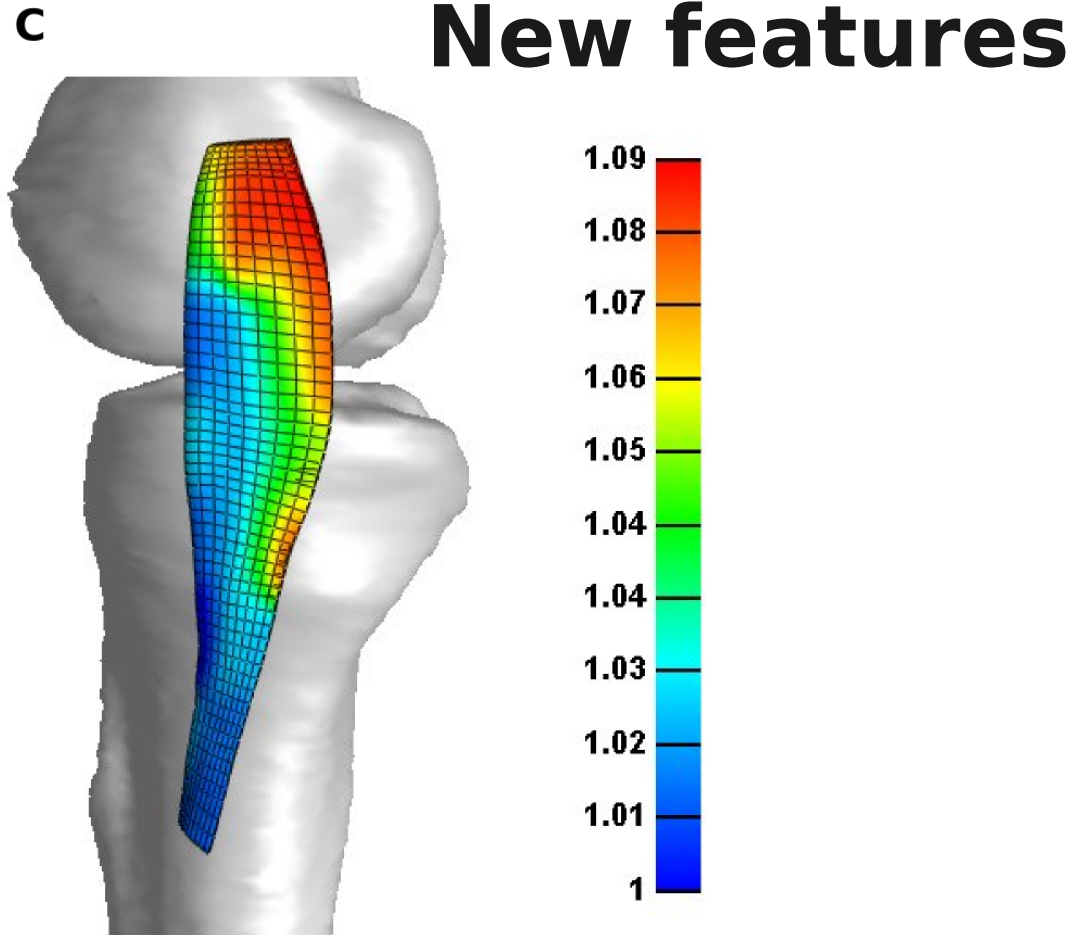
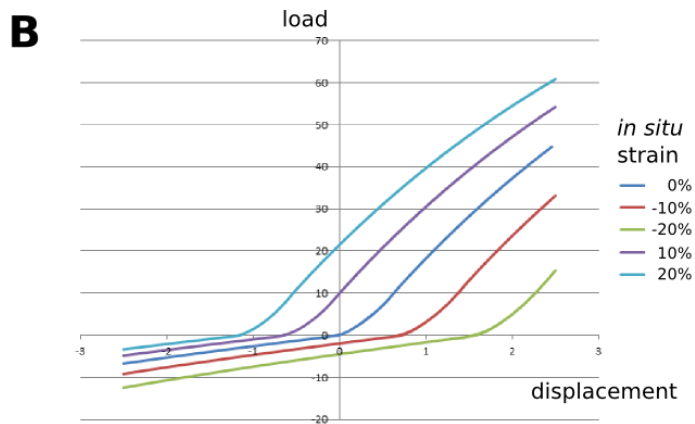
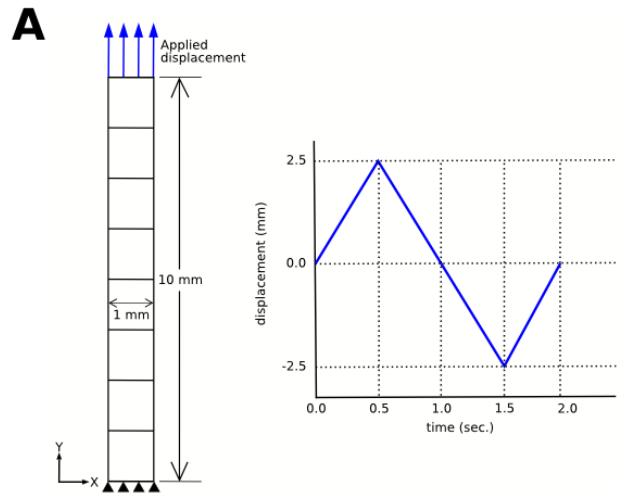
*intervention*

- Compartmental modeling, e.g.,

*cruciate complex*

*patellofemoral joint*

# G2 SIMULATION SOFTWARE



**FEBiO**  
FINITE ELEMENTS FOR BIOMECHANICS

<http://www.febio.org>

- A. In situ strain test problem
- B. Ligament load with different in situ strain
- C. In situ strain field applied to medical collateral ligament

# G2 CLOUD COMPUTING

The image shows a web browser window with the following elements:

- Browser Title Bar:** Simtk.org: Open Knee: A Three-Dimensional Finite Element Representation of the Knee Joint: Advanced Fe
- Browser Address Bar:** simtk.org: Open Knee: A Three-...
- Page Header:** Simtk.org logo and navigation links: Home, About Simtk, How to Contribute.
- Page Content:**
  - Overview of the Knee Joint:** A section with a sub-header "Advanced" and introductory text.
  - Navigation Menu:** Overview, Team, Downloads, Documents, Wiki, Publications, News, Public Forums, and an expanded "Advanced" section containing: Features & Bugs, Mailing Lists, Job Submission, and Source Code Repository.
- Form (highlighted with a red border):**
  - Select Server:** Server 2
  - Select Software:** FEBio 1.6.0
  - Select Model:** model.feb
  - Modify Model?:**  Yes  No
  - Model Configuration File:** modify\_model.cfg
  - Configuration File Content:**

```
*Loads
-0.0025
```
  - Notification Email?:** erdemira@ccf.org
  - Submit Button:** SUBMIT
- Page Footer:** Request Website Feature | Re... and SimTK, the Simulation Toolkit, through the NIH Roadmap for Medical Research.

# G2 COMMUNITY INVOLVEMENT

## ❖ USERS

*trainees - experts*

*engineers - scientists - physicians*

## ❖ POWER USERS

*of intermediate products*

*images - mesh - geometry*

*model customization*

*new simulation cases*

## ❖ DEVELOPERS

*of derivative models*

*contributors to Open Knee(s) roadmap*



**SUMMER  
INTERNSHIPS  
ARE AVAILABLE**

# CONCLUDING REMARKS

- ❏ Open access models can **bridge the gap** between finite element analysis software and practical applications.
- ❏ Customization opportunities can enhance **broad utility** of open access models.
- ❏ Access to intermediate products of modeling workflow can facilitate **wide spread adaptation**.
- ❏ **Building communities** for direct translation of finite element analysis into scientific and clinical practice can be enabled.

# POTENTIAL BENEFITS

## ❖ To knee biomechanics community

*Accessible training to understand knee function*

*Customization for hypothesis generation*

*Customization for intervention testing*

*Evaluation of required fidelity for patient-specific modeling*

*Enhanced repeatability & reproducibility of simulations*

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- ❏ For experimentation and modeling of other musculoskeletal joints

  - Transfer of standard operating procedures to other joints*



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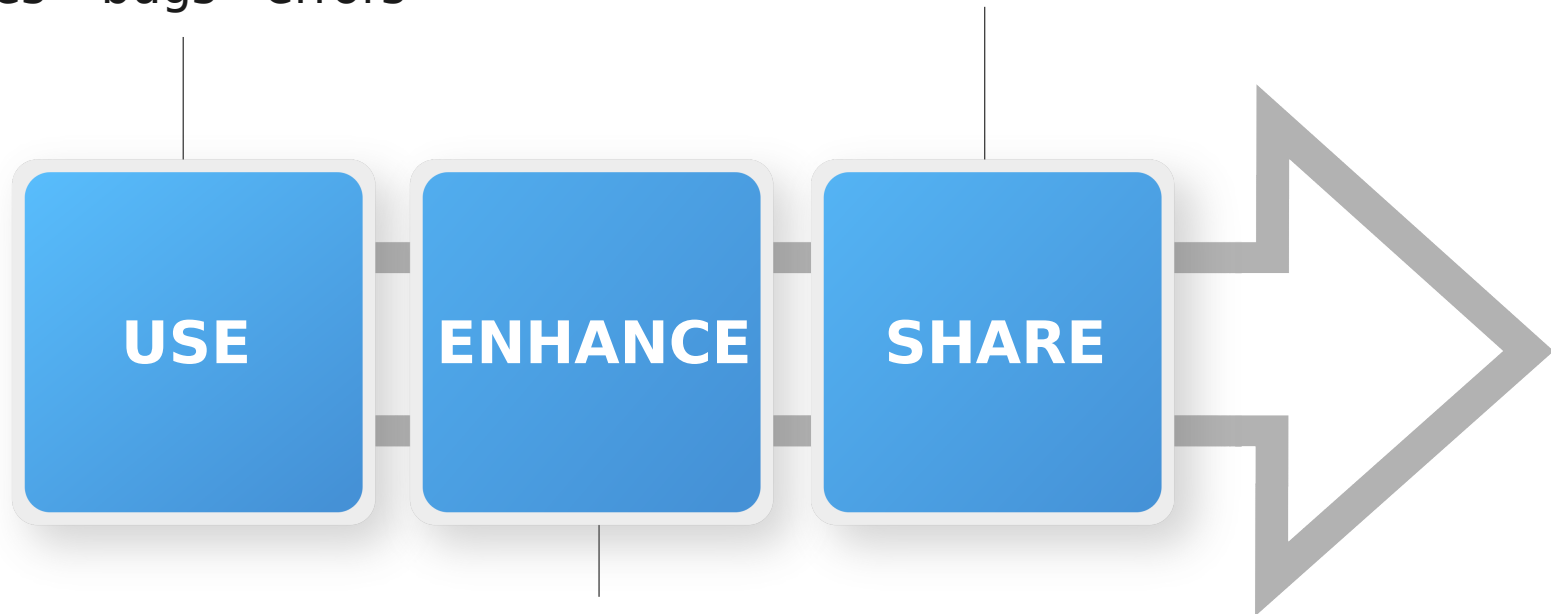
- ❏ To other subdisciplines of biomechanical modeling

  - Illustration of open development and community involvement*

# HOW CAN YOU CONTRIBUTE?

models - meshes - geometries  
images - mechanics data  
usability issues - bugs - errors

your own data - models  
customizations - derivative models



provide feedback on specifications  
customize models for your needs

**follow Open Knee(s) roadmap**  
analyze data - develop models  
run simulations - document

VISIT <http://wiki.simtk.org/openknee>

# ACKNOWLEDGMENTS

## OPEN KNEE – GENERATION 1

### Modeling

Craig Bennetts  
Ahmet Erdemir  
Randy Heydon  
Scott Sibole

### Data

Bhushan Borotikar  
Antonie J. van den Bogert

### Simulation Software

Ben Ellis  
Steve Maas  
David Rawlins  
Jeff Weiss

NIH/NIBIB R01EB009643  
NIH/NIGMS R01GM083925  
NIH/NIAMS R01AR049735  
Simbios

## OPEN KNEE(S) – GENERATION 2

### Cleveland Clinic

Dylan Beckler  
Craig Bennetts  
Tara Bonner  
Snehal Chokhandre  
Robb Colbrunn  
Ahmet Erdemir  
Jason Halloran

### Stanford University

Scott Delp  
Joy Ku  
Henry Kwong

### University of Utah

Ben Ellis  
Steve Maas  
Jeff Weiss

### CWRU

Chris Flask  
Shannon Donnola

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Elvis Danso  
Katie Stemmer  
Cara Sullivan

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Yasin Dhaher  
Trent Guess  
Morgan Jones  
Rami Korhonen  
Paul Saluan  
Carl Winalski



NIH/NIGMS  
R01GM104139



<https://simtk.org/home/openknee>

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**Open Knee(s):** <https://simtk.org/home/openknee>  
**Open Knee(s) Wiki:** <http://wiki.simtk.org/openknee>

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